



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Riebeseel, Jens

□□□: 4:44:12

□□: Team Dickfeitzen / IGAS

□□: 8.87 km/h

□□: 379

□□□□: 6:44 min/km

□□: 42.18 km

□□□□□/□□□: 131 (of 272)

Marathon

□□□□□/□: 121 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 28(of 51)

Senioren M45 (45-49 Jahre)

□□□□□□□: 3:34:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	25:43	7:24	51	11:11	228	11:57	3.47	25:43	7:24	3	3:45	128	3:17	
Runde	3.47	22:24	6:27	38	7:22	170	7:43	6.94	48:07	6:55	3	3:34	128		
Runde	3.47	22:00	6:20	32	6:31	147	7:03	10.41	1:10:07	6:44	3	1:59	128		
Runde	3.47	21:57	6:19	30	5:59	133	6:20	13.88	1:32:04	6:37	3	0:01	101		
Runde	3.47	21:48	6:16	28	5:06	120	6:13	17.35	1:53:52	6:33	3		126	17:36	
Runde	3.47	21:52	6:18	26	4:43	101	6:24	20.82	2:15:44	6:31	3		126	18:04	
Runde	3.47	22:33	6:29	23	4:34	92	7:00	24.29	2:38:17	6:30	3		126	18:02	
Runde	3.47	22:58	6:37	19	4:32	79	6:50	27.76	3:01:15	6:31	3		126	16:35	
Runde	3.47	23:35	6:47	16	4:24	73	7:33	31.23	3:24:50	6:33	3		125	1:06:00	
Runde	3.47	25:38	7:23	26	6:12	111	9:32	34.70	3:50:28	6:38	2		120	1:15:32	
Runde	3.47	27:01	7:47	26	7:35	123	11:09	38.17	4:17:29	6:44	2		120	1:26:41	
Runde	3.97	26:43	6:43	27	8:44	127	26:26	42.18	4:44:12	6:44	29	1:09:18	124	3:14:59	