



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

0000

Müller, Frank

000: 4:46:10

00: Alpengrosser

00: 8.81 km/h

00: 315

0000: 6:47 min/km

00: 42.18 km

00000/000: 137 (of 272)

Marathon

00000/0: 127 (of 245)

000000: 3:07:01

0000:

00000: 20(of 26)

Senioren M35 (35-39 Jahre)

0000000: 3:14:14

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	25:04	7:13	25	11:18	220	11:18	3.47	25:04	7:13	5	7:09	134	2:38
Runde	3.47	23:05	6:39	23	8:24	189	8:24	6.94	48:09	6:56	8	11:59	134	
Runde	3.47	23:07	6:39	23	7:24	177	8:10	10.41	1:11:16	6:50	5	16:29	134	
Runde	3.47	22:50	6:34	20	7:11	163	7:13	13.88	1:34:06	6:46	8	20:19	133	
Runde	3.47	22:59	6:37	21	6:59	152	7:24	17.35	1:57:05	6:44	8	23:55	132	20:49
Runde	3.47	22:39	6:31	19	6:39	125	7:11	20.82	2:19:44	6:42	8	27:20	132	22:04
Runde	3.47	23:14	6:41	18	6:29	114	7:41	24.29	2:42:58	6:42	8	28:50	132	22:43
Runde	3.47	23:14	6:41	18	6:40	92	7:06	27.76	3:06:12	6:42	8	29:21	132	21:32
Runde	3.47	24:01	6:55	17	6:42	87	7:59	31.23	3:30:13	6:43	8	29:53	131	1:11:23
Runde	3.47	25:45	7:25	17	8:43	115	9:39	34.70	3:55:58	6:48	8	30:52	126	1:21:02
Runde	3.47	24:06	6:56	15	7:08	68	8:14	38.17	4:20:04	6:48	8	29:38	126	1:29:16
Runde	3.97	26:06	6:34	19	10:07	117	25:49	42.18	4:46:10	6:47	20	1:31:56	130	3:16:57