



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Schmidt, Bernd

□□□: 4:47:09

□□: Geschwenda

□□: 8.78 km/h

□□: 13

□□□□: 6:49 min/km

□□: 42.18 km

□□□□□/□□□: 139 (of 272)

Marathon

□□□□□/□: 129 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 18(of 40)

Senioren M50 (50-54 Jahre)

□□□□□□□: 3:22:57

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	21:51	6:17	26	7:14	162	8:05	3.47	21:51	6:17	39	-	-	135	
Runde	3.47	22:32	6:29	25	7:24	176	7:51	6.94	44:23	6:23	39	-	-	135	
Runde	3.47	21:43	6:15	20	5:58	137	6:46	10.41	1:06:06	6:20	39	-	-	135	
Runde	3.47	22:03	6:21	21	5:50	138	6:26	13.88	1:28:09	6:21	38	-	-	134	
Runde	3.47	22:38	6:31	22	6:06	147	7:03	17.35	1:50:47	6:23	38	-	-	133	14:31
Runde	3.47	23:28	6:45	22	6:20	144	8:00	20.82	2:14:15	6:26	38	-	-	133	16:35
Runde	3.47	24:55	7:10	24	7:27	157	9:22	24.29	2:39:10	6:33	38	-	-	133	18:55
Runde	3.47	25:22	7:18	21	7:56	144	9:14	27.76	3:04:32	6:38	38	-	-	133	19:52
Runde	3.47	26:12	7:33	21	8:18	136	10:10	31.23	3:30:44	6:44	38	-	-	132	1:11:54
Runde	3.47	27:01	7:47	20	8:34	138	10:55	34.70	3:57:45	6:51	38	-	-	127	1:22:49
Runde	3.47	26:44	7:42	18	8:21	117	10:52	38.17	4:24:29	6:55	38	-	-	127	1:33:41
Runde	3.97	22:40	5:42	8	22:11	53	22:23	42.18	4:47:09	6:48	19	3:17:56	132	3:17:56	