



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Nielsen, Jens Fuglsang

□□□: 4:47:57

□□: Aalborg

□□: 8.75 km/h

□□: 330

□□□□: 6:50 min/km

□□: 42.18 km

□□□□□/□□□: 142 (of 272)

Marathon

□□□□□/□: 132 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 34(of 63)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:35:43

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 3.47 | 20:40 | 5:57 | 35 | 4:50 | 127 | 6:54 | 3.47 | 20:40 | 5:57 | 3 | - | 139 | |
| Runde | 3.47 | 20:03 | 5:46 | 26 | 3:36 | 104 | 5:22 | 6.94 | 40:43 | 5:52 | 3 | - | 139 | |
| Runde | 3.47 | 21:00 | 6:03 | 33 | 4:03 | 123 | 6:03 | 10.41 | 1:01:43 | 5:55 | 3 | - | 139 | |
| Runde | 3.47 | 21:18 | 6:08 | 27 | 4:17 | 113 | 5:41 | 13.88 | 1:23:01 | 5:58 | 3 | - | 138 | |
| Runde | 3.47 | 22:25 | 6:27 | 37 | 5:10 | 140 | 6:50 | 17.35 | 1:45:26 | 6:04 | 3 | - | 137 | 9:10 |
| Runde | 3.47 | 22:51 | 6:35 | 34 | 5:02 | 128 | 7:23 | 20.82 | 2:08:17 | 6:09 | 3 | - | 137 | 10:37 |
| Runde | 3.47 | 24:26 | 7:02 | 38 | 6:15 | 148 | 8:53 | 24.29 | 2:32:43 | 6:17 | 3 | - | 137 | 12:28 |
| Runde | 3.47 | 25:13 | 7:16 | 36 | 6:46 | 141 | 9:05 | 27.76 | 2:57:56 | 6:24 | 3 | - | 137 | 13:16 |
| Runde | 3.47 | 25:51 | 7:26 | 31 | 7:16 | 125 | 9:49 | 31.23 | 3:23:47 | 6:31 | 3 | - | 136 | 1:04:57 |
| Runde | 3.47 | 26:37 | 7:40 | 33 | 7:08 | 131 | 10:31 | 34.70 | 3:50:24 | 6:38 | 3 | - | 131 | 1:15:28 |
| Runde | 3.47 | 27:57 | 8:03 | 35 | 8:30 | 142 | 12:05 | 38.17 | 4:18:21 | 6:46 | 3 | - | 131 | 1:27:33 |
| Runde | 3.97 | 29:36 | 7:27 | 41 | 11:37 | 174 | 29:19 | 42.18 | 4:47:57 | 6:49 | 34 | 1:12:14 | 135 | 3:18:44 |