



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Diepenbrock, Thomas

000: 4:50:25

00: Nordwalde

00: 8.68 km/h

00: 70

0000: 6:53 min/km

00: 42.18 km

00000/000: 146 (of 272)

Marathon

00000/0: 136 (of 245)

000000: 3:07:01

0000:

00000: 19(of 40)

Senioren M50 (50-54 Jahre)

0000000: 3:22:57

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	20:35	5:55	15	5:58	123	6:49	3.47	20:35	5:55	40	-	143	
Runde	3.47	23:16	6:42	29	8:08	194	8:35	6.94	43:51	6:19	40	-	143	
Runde	3.47	23:25	6:44	28	7:40	182	8:28	10.41	1:07:16	6:27	40	-	143	
Runde	3.47	24:01	6:55	28	7:48	188	8:24	13.88	1:31:17	6:34	39	-	142	
Runde	3.47	24:49	7:09	29	8:17	187	9:14	17.35	1:56:06	6:41	39	1:18	141	19:50
Runde	3.47	26:06	7:31	30	8:58	203	10:38	20.82	2:22:12	6:49	39	1:18	141	24:32
Runde	3.47	30:07	8:40	34	12:39	231	14:34	24.29	2:52:19	7:05	39	1:18	141	32:04
Runde	3.47	30:11	8:41	32	12:45	219	14:03	27.76	3:22:30	7:17	39	3:29	141	37:50
Runde	3.47	29:20	8:27	27	11:26	194	13:18	31.23	3:51:50	7:25	39	2:39	140	1:33:00
Runde	3.47	30:16	8:43	27	11:49	188	14:10	34.70	4:22:06	7:33	39	2:28	135	1:47:10
Runde	3.47	28:19	8:09	23	9:56	153	12:27	38.17	4:50:25	7:36	39	0:47	135	1:59:37
Runde	3.97	-	-	40		240		42.18	4:50:25	6:53	20	3:21:12	139	3:21:12