



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Stemberger, Andreas

□□□: 4:56:04

□□: Jubilados Diabolico

□□: 8.51 km/h

□□: 448

□□□□: 7:01 min/km

□□: 42.18 km

□□□□□/□□□: 161 (of 272)

Marathon

□□□□□/□: 150 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 39(of 63)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:35:43

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	20:28	5:53	32	4:38	120	6:42	3.47	20:28	5:53	8	-	158	
Runde	3.47	20:48	5:59	35	4:21	124	6:07	6.94	41:16	5:56	8	-	158	
Runde	3.47	21:24	6:10	34	4:27	128	6:27	10.41	1:02:40	6:01	8	-	158	
Runde	3.47	20:48	5:59	24	3:47	100	5:11	13.88	1:23:28	6:00	8	-	157	
Runde	3.47	22:10	6:23	35	4:55	136	6:35	17.35	1:45:38	6:05	8	-	156	9:22
Runde	3.47	23:56	6:53	41	6:07	155	8:28	20.82	2:09:34	6:13	8	-	156	11:54
Runde	3.47	24:19	7:00	36	6:08	144	8:46	24.29	2:33:53	6:20	8	-	156	13:38
Runde	3.47	26:37	7:40	47	8:10	167	10:29	27.76	3:00:30	6:30	8	-	156	15:50
Runde	3.47	28:11	8:07	46	9:36	173	12:09	31.23	3:28:41	6:40	8	-	155	1:09:51
Runde	3.47	28:37	8:14	42	9:08	161	12:31	34.70	3:57:18	6:50	8	-	150	1:22:22
Runde	3.47	31:07	8:58	49	11:40	195	15:15	38.17	4:28:25	7:01	8	-	150	1:37:37
Runde	3.97	27:39	6:57	32	9:40	141	27:22	42.18	4:56:04	7:01	39	1:20:21	153	3:26:51