



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Schelhorn, Claudia

□□□: 4:58:21

□□: DUV

□□: 8.45 km/h

□□: 396

□□□□: 7:04 min/km

□□: 42.18 km

□□□□□/□□□: 164 (of 272)

Marathon

□□□□□/□: 12 (of 27)

□□□□□□: 3:36:40

□□□□:

□□□□□: 4(of 7)

Seniorinnen W45 (45-49 Jahre)

□□□□□□□: 4:21:08

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	25:46	7:25	5	7:45	23	9:12	3.47	25:46	7:25	5			13	5:12
Runde	3.47	24:20	7:00	5	5:04	20	7:29	6.94	50:06	7:13	5			13	7:38
Runde	3.47	24:28	7:03	5	4:41	20	7:19	10.41	1:14:34	7:09	5			13	10:04
Runde	3.47	24:53	7:10	5	4:41	18	8:21	13.88	1:39:27	7:09	4	22:02		13	17:21
Runde	3.47	25:18	7:17	5	4:53	18	7:56	17.35	2:04:45	7:11	4	26:55		1	-
Runde	3.47	25:27	7:20	4	4:55	16	8:09	20.82	2:30:12	7:12	4	31:50		1	-
Runde	3.47	24:50	7:09	4	2:56	12	6:35	24.29	2:55:02	7:12	4	34:46		1	-
Runde	3.47	25:05	7:13	3	2:04	11	6:56	27.76	3:20:07	7:12	4	36:50		1	-
Runde	3.47	25:10	7:15	3	1:37	10	5:30	31.23	3:45:17	7:12	4	38:27		1	-
Runde	3.47	24:50	7:09	3	0:27	9	5:23	34.70	4:10:07	7:12	4	38:54		1	-
Runde	3.47	24:33	7:04	1	-	7	6:02	38.17	4:34:40	7:11	4	38:36		1	-
Runde	3.97	23:41	5:57	2	0:53	6	2:49	42.18	4:58:21	7:04	4	37:13	12	1:21:41	