



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

0000

Birch, Coleen

00: Islwyn

00: 42

00: 42.18 km

Marathon

0000:

Seniorinnen W40 (40-44 Jahre)

000: 5:00:10

00: 8.40 km/h

0000: 7:07 min/km

00000/0000: 166 (of 272)

00000/0: 13 (of 27)

000000: 3:36:40

00000: 2(of 2)

0000000: 4:19:56

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	23:22	6:44	2	3:40	19	6:48	3.47	23:22	6:44	2	3:40	9	2:48
Runde	3.47	22:53	6:35	2	2:35	14	6:02	6.94	46:15	6:39	2	6:15	12	3:47
Runde	3.47	23:20	6:43	2	3:04	14	6:11	10.41	1:09:35	6:41	2	9:19	12	5:05
Runde	3.47	23:27	6:45	2	3:04	14	6:55	13.88	1:33:02	6:42	2	12:23	12	10:56
Runde	3.47	23:56	6:53	2	3:13	13	6:34	17.35	1:56:58	6:44	2	15:36	12	
Runde	3.47	24:38	7:05	2	3:32	12	7:20	20.82	2:21:36	6:48	2	19:08	12	
Runde	3.47	26:07	7:31	2	4:14	16	7:52	24.29	2:47:43	6:54	2	23:22	12	
Runde	3.47	26:42	7:41	2	4:37	15	8:33	27.76	3:14:25	7:00	2	27:59	12	
Runde	3.47	27:57	8:03	2	5:08	15	8:17	31.23	3:42:22	7:07	2	33:07	12	
Runde	3.47	26:30	7:38	2	2:56	12	7:03	34.70	4:08:52	7:10	2	36:03	12	
Runde	3.47	26:12	7:33	2	2:32	12	7:41	38.17	4:35:04	7:12	2	38:35	12	0:24
Runde	3.97	25:06	6:19	2	1:39	12	4:14	42.18	5:00:10	7:06	2	40:14	13	1:23:30