



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Modry, Markus

000: 5:05:53

00: Schmitten

00: 8.24 km/h

00: 308

0000: 7:15 min/km

00: 42.18 km

00000/000: 180 (of 272)

Marathon

00000/0: 165 (of 245)

000000: 3:07:01

0000:

00000: 38(of 51)

Senioren M45 (45-49 Jahre)

0000000: 3:34:54

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	21:58	6:19	37	7:26	168	8:12	3.47	21:58	6:19	1	-	173	
Runde	3.47	22:35	6:30	40	7:33	177	7:54	6.94	44:33	6:25	1	-	173	
Runde	3.47	23:35	6:47	40	8:06	185	8:38	10.41	1:08:08	6:32	1	-	173	
Runde	3.47	23:55	6:53	41	7:57	185	8:18	13.88	1:32:03	6:37	1	-	172	
Runde	3.47	23:57	6:54	38	7:15	170	8:22	17.35	1:56:00	6:41	1	-	171	19:44
Runde	3.47	24:53	7:10	39	7:44	174	9:25	20.82	2:20:53	6:46	1	-	171	23:13
Runde	3.47	25:49	7:26	41	7:50	173	10:16	24.29	2:46:42	6:51	1	-	171	26:27
Runde	3.47	26:58	7:46	39	8:32	178	10:50	27.76	3:13:40	6:58	1	-	171	29:00
Runde	3.47	27:37	7:57	38	8:26	165	11:35	31.23	3:41:17	7:05	1	-	170	1:22:27
Runde	3.47	28:53	8:19	36	9:27	166	12:47	34.70	4:10:10	7:12	13		165	1:35:14
Runde	3.47	28:06	8:05	33	8:40	147	12:14	38.17	4:38:16	7:17	13		165	1:47:28
Runde	3.97	27:37	6:57	32	9:38	140	27:20	42.18	5:05:53	7:15	39	1:30:59	168	3:36:40