



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Porstner, Crispin

□□□: 5:08:23

□□: Bremen

□□: 8.17 km/h

□□: 358

□□□□: 7:19 min/km

□□: 42.18 km

□□□□□/□□□: 189 (of 272)

Marathon

□□□□□/□: 173 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 16(of 20)

Männer (20-29 Jahre)

□□□□□□□: 3:07:01

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 3.47 | 19:32 | 5:37 | 12 | 5:15 | 98 | 5:46 | 3.47 | 19:32 | 5:37 | 3 | 0:05 | 179 | | |
| Runde | 3.47 | 20:02 | 5:46 | 13 | 5:01 | 103 | 5:21 | 6.94 | 39:34 | 5:42 | 3 | 2:02 | 179 | | |
| Runde | 3.47 | 20:46 | 5:59 | 15 | 5:49 | 115 | 5:49 | 10.41 | 1:00:20 | 5:47 | 3 | 4:22 | 179 | | |
| Runde | 3.47 | 20:56 | 6:01 | 14 | 5:19 | 103 | 5:19 | 13.88 | 1:21:16 | 5:51 | 3 | 6:31 | 90 | | |
| Runde | 3.47 | 21:20 | 6:08 | 14 | 5:45 | 102 | 5:45 | 17.35 | 1:42:36 | 5:54 | 3 | 8:40 | 177 | 6:20 | |
| Runde | 3.47 | 23:30 | 6:46 | 15 | 8:02 | 147 | 8:02 | 20.82 | 2:06:06 | 6:03 | 3 | 12:52 | 177 | 8:26 | |
| Runde | 3.47 | 28:09 | 8:06 | 18 | 12:36 | 211 | 12:36 | 24.29 | 2:34:15 | 6:21 | 3 | 20:31 | 177 | 14:00 | |
| Runde | 3.47 | 25:55 | 7:28 | 14 | 9:47 | 151 | 9:47 | 27.76 | 3:00:10 | 6:29 | 3 | 25:32 | 177 | 15:30 | |
| Runde | 3.47 | 36:07 | 10:24 | 18 | 20:05 | 237 | 20:05 | 31.23 | 3:36:17 | 6:55 | 3 | 20:10 | 176 | 1:17:27 | |
| Runde | 3.47 | 32:00 | 9:13 | 15 | 15:54 | 208 | 15:54 | 34.70 | 4:08:17 | 7:09 | 3 | 28:46 | 171 | 1:33:21 | |
| Runde | 3.47 | 29:38 | 8:32 | 16 | 13:46 | 175 | 13:46 | 38.17 | 4:37:55 | 7:16 | 3 | 33:04 | 171 | 1:47:07 | |
| Runde | 3.97 | 30:28 | 7:40 | 16 | 14:15 | 189 | 30:11 | 42.18 | 5:08:23 | 7:18 | 17 | 2:01:22 | 176 | 3:39:10 | |