



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Biesel, René

□□: Bad Saulgau
□□: 40

□□: 42.18 km
Marathon

□□□□:
Senioren M35 (35-39 Jahre)

□□□: 5:08:17

□□: 8.17 km/h
□□□□: 7:19 min/km

□□□□□/□□□: 187 (of 272)

□□□□□/□: 172 (of 245)

□□□□□□: 3:07:01

□□□□□: 23(of 26)

□□□□□□□: 3:14:14

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	25:04	7:13	25	11:18	220	11:18	3.47	25:04	7:13	5	7:09	134	2:38	
Runde	3.47	23:07	6:39	24	8:26	190	8:26	6.94	48:11	6:56	5	12:01	181		
Runde	3.47	23:05	6:39	22	7:22	175	8:08	10.41	1:11:16	6:50	5	16:29	134		
Runde	3.47	22:52	6:35	21	7:13	165	7:15	13.88	1:34:08	6:46	5	20:21	180		
Runde	3.47	24:16	6:59	23	8:16	176	8:41	17.35	1:58:24	6:49	5	25:14	179	22:08	
Runde	3.47	24:18	7:00	22	8:18	166	8:50	20.82	2:22:42	6:51	5	30:18	179	25:02	
Runde	3.47	25:04	7:13	24	8:19	160	9:31	24.29	2:47:46	6:54	5	33:38	179	27:31	
Runde	3.47	26:46	7:42	23	10:12	171	10:38	27.76	3:14:32	7:00	5	37:41	179	29:52	
Runde	3.47	30:14	8:42	25	12:55	210	14:12	31.23	3:44:46	7:11	5	44:26	178	1:25:56	
Runde	3.47	28:45	8:17	23	11:43	163	12:39	34.70	4:13:31	7:18	5	48:25	173	1:38:35	
Runde	3.47	28:02	8:04	22	11:04	143	12:10	38.17	4:41:33	7:22	5	51:07	173	1:50:45	
Runde	3.97	26:44	6:44	22	10:45	128	26:27	42.18	5:08:17	7:18	23	1:54:03	175	3:39:04	