



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Knop, Andreas

□□: LG DUV

□□: 248

□□: 42.18 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 5:12:50

□□: 8.06 km/h

□□□□: 7:25 min/km

□□□□□/□□□: 199 (of 272)

□□□□□/□: 182 (of 245)

□□□□□□: 3:07:01

□□□□□: 28(of 40)

□□□□□□□: 3:22:57

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	27:35	7:56	39	12:58	242	13:49	3.47	27:35	7:56	9	3:33	190	5:09
Runde	3.47	24:43	7:07	35	9:35	222	10:02	6.94	52:18	7:32	9	5:21	190	2:01
Runde	3.47	24:07	6:57	30	8:22	200	9:10	10.41	1:16:25	7:20	9	6:05	190	
Runde	3.47	24:14	6:59	29	8:01	194	8:37	13.88	1:40:39	7:15	9	6:43	189	5:41
Runde	3.47	24:31	7:03	28	7:59	180	8:56	17.35	2:05:10	7:12	9	7:12	188	28:54
Runde	3.47	24:40	7:06	26	7:32	170	9:12	20.82	2:29:50	7:11	9	5:42	188	32:10
Runde	3.47	24:50	7:09	23	7:22	155	9:17	24.29	2:54:40	7:11	9	3:39	188	34:25
Runde	3.47	26:51	7:44	23	9:25	174	10:43	27.76	3:21:31	7:15	9	2:30	188	36:51
Runde	3.47	28:04	8:05	24	10:10	171	12:02	31.23	3:49:35	7:21	9	0:24	187	1:30:45
Runde	3.47	27:33	7:56	21	9:06	141	11:27	34.70	4:17:08	7:24	9		182	1:42:12
Runde	3.47	28:12	8:07	21	9:49	149	12:20	38.17	4:45:20	7:28	9		182	1:54:32
Runde	3.97	27:30	6:55	23	27:01	138	27:13	42.18	5:12:50	7:24	29	3:43:37	185	3:43:37