



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

0000

Jagemann, Heinz

00: MRRC München

00: 210

00: 42.18 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 5:15:22

00: 7.99 km/h

0000: 7:29 min/km

00000/000: 203 (of 272)

00000/0: 186 (of 245)

000000: 3:07:01

00000: 11(of 19)

0000000: 3:20:35

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	21:46	6:16	8	6:18	154	8:00	3.47	21:46	6:16	8	0:12	83	
Runde	3.47	22:42	6:32	9	6:54	180	8:01	6.94	44:28	6:24	8	0:29	194	
Runde	3.47	23:45	6:50	10	7:40	187	8:48	10.41	1:08:13	6:33	8	1:43	194	
Runde	3.47	23:56	6:53	8	7:32	186	8:19	13.88	1:32:09	6:38	8		193	
Runde	3.47	25:09	7:14	10	8:23	196	9:34	17.35	1:57:18	6:45	8		192	21:02
Runde	3.47	25:56	7:28	14	8:53	198	10:28	20.82	2:23:14	6:52	8		192	25:34
Runde	3.47	28:56	8:20	15	12:20	220	13:23	24.29	2:52:10	7:05	8		192	31:55
Runde	3.47	26:09	7:32	8	9:05	155	10:01	27.76	3:18:19	7:08	8		192	33:39
Runde	3.47	27:32	7:56	11	9:54	160	11:30	31.23	3:45:51	7:13	8		191	1:27:01
Runde	3.47	29:13	8:25	12	11:46	172	13:07	34.70	4:15:04	7:21	8		186	1:40:08
Runde	3.47	30:49	8:52	12	13:44	191	14:57	38.17	4:45:53	7:29	8		186	1:55:05
Runde	3.97	29:29	7:25	12	29:12	168	29:12	42.18	5:15:22	7:28	11	1:54:47	189	3:46:09