



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

0000

Sziburis, Sven

00: Beuna

00: 460

00: 42.18 km

Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 5:16:22

00: 8.00 km/h

0000: 7:30 min/km

00000/0000: 205 (of 272)

00000/0: 188 (of 245)

000000: 3:07:01

00000: 41(of 51)

0000000: 3:34:54

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	22:57	6:36	42	8:25	182	9:11	3.47	22:57	6:36	17	0:59	196	0:31
Runde	3.47	23:24	6:44	43	8:22	197	8:43	6.94	46:21	6:40	17	1:48	196	
Runde	3.47	23:53	6:52	41	8:24	193	8:56	10.41	1:10:14	6:44	17	2:06	196	
Runde	3.47	23:50	6:52	40	7:52	183	8:13	13.88	1:34:04	6:46	17	2:01	195	
Runde	3.47	24:41	7:06	43	7:59	185	9:06	17.35	1:58:45	6:50	17	2:45	194	22:29
Runde	3.47	24:51	7:09	38	7:42	173	9:23	20.82	2:23:36	6:53	17	2:43	194	25:56
Runde	3.47	25:42	7:24	40	7:43	169	10:09	24.29	2:49:18	6:58	17	2:36	194	29:03
Runde	3.47	27:52	8:01	43	9:26	192	11:44	27.76	3:17:10	7:06	17	3:30	194	32:30
Runde	3.47	28:25	8:11	40	9:14	176	12:23	31.23	3:45:35	7:13	17	4:18	193	1:26:45
Runde	3.47	29:58	8:38	38	10:32	184	13:52	34.70	4:15:33	7:21	16	2:35	188	1:40:37
Runde	3.47	30:30	8:47	42	11:04	189	14:38	38.17	4:46:03	7:29	16	5:18	188	1:55:15
Runde	3.97	30:19	7:38	40	12:20	187	30:02	42.18	5:16:22	7:30	42	1:41:28	191	3:47:09