



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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wilde, wolfgang

00: Team Erdinger Alkoholfrei-Havelwolf
00: 509

00: 42.18 km
Marathon

0000:
Senioren M60 (60-64 Jahre)

000: 5:28:32

00: 7.67 km/h
0000: 7:47 min/km

00000/0000: 225 (of 272)

00000/0: 206 (of 245)

000000: 3:07:01

00000: 5(of 7)

0000000: 4:34:32

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	22:06	6:22	3	2:35	170	8:20	3.47	22:06	6:22	5	2:35	214	
Runde	3.47	24:14	6:59	4	3:54	213	9:33	6.94	46:20	6:40	5	6:29	214	
Runde	3.47	24:07	6:57	4	3:15	200	9:10	10.41	1:10:27	6:46	5	9:44	204	
Runde	3.47	25:00	7:12	5	3:43	209	9:23	13.88	1:35:27	6:52	5	13:27	213	0:29
Runde	3.47	25:50	7:26	5	4:23	216	10:15	17.35	2:01:17	6:59	5	17:50	212	25:01
Runde	3.47	26:33	7:39	5	3:59	212	11:05	20.82	2:27:50	7:06	5	21:49	212	30:10
Runde	3.47	29:40	8:32	6	5:40	228	14:07	24.29	2:57:30	7:18	5	27:29	212	37:15
Runde	3.47	27:55	8:02	2	3:25	193	11:47	27.76	3:25:25	7:23	5	30:54	212	40:45
Runde	3.47	30:29	8:47	6	5:24	213	14:27	31.23	3:55:54	7:33	5	36:18	211	1:37:04
Runde	3.47	30:08	8:41	4	4:23	185	14:02	34.70	4:26:02	7:40	5	40:41	206	1:51:06
Runde	3.47	30:39	8:49	5	5:39	190	14:47	38.17	4:56:41	7:46	5	46:20	206	2:05:53
Runde	3.97	31:51	8:01	5	7:40	204	31:34	42.18	5:28:32	7:47	5	54:00	209	3:59:19