



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Oppenhäuser, Andreas

□□□: 5:33:19

□□: Nordhausen

□□: 7.56 km/h

□□: 339

□□□□: 7:54 min/km

□□: 42.18 km

□□□□□/□□□: 230 (of 272)

Marathon

□□□□□/□: 211 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 33(of 40)

Senioren M50 (50-54 Jahre)

□□□□□□□: 3:22:57

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	22:16	6:25	27	7:39	174	8:30	3.47	22:16	6:25	14		219	
Runde	3.47	24:18	7:00	34	9:10	215	9:37	6.94	46:34	6:42	14		219	
Runde	3.47	25:19	7:17	37	9:34	225	10:22	10.41	1:11:53	6:54	14	1:33	219	
Runde	3.47	25:44	7:24	35	9:31	216	10:07	13.88	1:37:37	7:01	14	3:41	218	2:39
Runde	3.47	26:12	7:33	35	9:40	218	10:37	17.35	2:03:49	7:08	14	5:51	217	27:33
Runde	3.47	27:05	7:48	34	9:57	224	11:37	20.82	2:30:54	7:14	14	6:46	217	33:14
Runde	3.47	27:40	7:58	30	10:12	206	12:07	24.29	2:58:34	7:21	14	7:33	217	38:19
Runde	3.47	28:51	8:18	29	11:25	206	12:43	27.76	3:27:25	7:28	14	8:24	217	42:45
Runde	3.47	30:11	8:41	30	12:17	209	14:09	31.23	3:57:36	7:36	14	8:25	216	1:38:46
Runde	3.47	30:51	8:53	31	12:24	198	14:45	34.70	4:28:27	7:44	14	8:49	211	1:53:31
Runde	3.47	32:00	9:13	30	13:37	206	16:08	38.17	5:00:27	7:52	14	10:49	211	2:09:39
Runde	3.97	32:52	8:16	32	32:23	209	32:35	42.18	5:33:19	7:54	34	4:04:06	214	4:04:06