



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

0000

Ostheimer, Manuela

000: 2:11:27

00: Speed of light Ruhr

00: 9.59 km/h

00: 342

0000: 6:10 min/km

00: 21.34 km

00000/000: 57 (of 201)

Halbmarathon

00000/0: 7 (of 34)

000000: 1:55:00

0000:

00000: 2(of 6)

Seniorinnen W35 (35-39 Jahre)

0000000: 1:55:00

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	20:23	5:52	2	2:30	9	2:40	3.47	20:23	5:52	2	2:30	23	
Runde	3.47	22:00	6:20	3	3:06	10	3:15	6.94	42:23	6:06	2	5:36	23	
Runde	3.47	22:30	6:29	2	3:28	9	3:28	10.41	1:04:53	6:13	2	9:04	23	
Runde	3.47	22:11	6:23	2	2:50	9	2:52	13.88	1:27:04	6:16	2	11:54	23	
Runde	3.47	21:43	6:15	2	1:57	7	1:57	17.35	1:48:47	6:16	2	13:51	23	
Runde	3.97	22:40	5:42	2	2:36	10	3:15	21.34	2:11:27	6:09	2	16:27	7	16:27