



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Höschele, Tanja

☐☐☐: 22:14:14

☐☐: Straubenhardt

☐☐: 7.24 km/h

☐☐: 58

☐☐☐☐: 8:14 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 55 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 5 (of 49)

☐☐☐☐☐☐: 15:57:39

☐☐☐☐:

☐☐☐☐☐: 1(of 9)

Seniorinnen W40 (40-44 Jahre)

☐☐☐☐☐☐☐: 22:14:14

☐☐☐☐

☐☐☐☐

☐☐☐

☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐		
VP1 - S-Bahnhof	6.93	46:18	6:40	3	3:47	20	8:09	6.93	46:18	6:40	3	3:47	20	8:09
VP2 - Laufftreff Li	5.70	37:23	6:33	3	2:44	14	5:19	12.63	1:23:41	6:37	3	6:31	17	13:06
VP3 - Oranienbur	5.47	36:41	6:42	4	3:35	19	7:24	18.10	2:00:22	6:39	3	10:06	19	20:19
VP4 - Naturschut	4.97	36:51	7:24	4	3:20	17	8:43	23.07	2:37:13	6:48	4	13:18	19	29:02
VP5 - Frohnau	6.80	46:16	6:48	3	3:33	16	9:33	29.87	3:23:29	6:48	4	16:51	18	38:35
VP6 - Ruderclub	4.06	31:50	7:50	2	0:10	13	9:50	33.93	3:55:19	6:56	4	17:01	15	48:25
VP7 - Grenzturm	4.75	32:52	6:55	4	0:22	12	7:13	38.68	4:28:11	6:56	4	17:14	15	55:38
VP8 - Schönwald	7.53	56:54	7:33	4	2:55	17	15:18	46.21	5:25:05	7:02	3	17:25	13	1:10:56
VP9 - Falkenseer	5.69	42:44	7:30	1	-	6	10:47	51.90	6:07:49	7:05	3	10:11	12	1:21:43
VP10 - Karolinenl	6.60	49:36	7:30	1	-	6	12:21	58.50	6:57:25	7:08	2	8:32	11	1:34:04
VP11 - Pagel & Fi	4.90	37:23	7:37	1	-	6	9:35	63.40	7:34:48	7:10	2	4:48	10	1:43:39
VP12 - Schloss S	7.62	58:51	7:43	1	-	5	15:05	71.02	8:33:39	7:13	1	-	7	1:58:44
VP13 - Revierförs	6.21	47:42	7:40	1	-	7	10:59	77.23	9:21:21	7:16	1	-	7	2:09:43
VP14 - Brauhaus	6.00	51:42	8:37	4	6:31	14	14:22	83.23	10:13:03	7:21	1	-	8	2:24:05
VP15 - Gedenkst.	6.90	56:39	8:12	2	1:52	10	18:04	90.13	11:09:42	7:25	1	-	8	2:42:09
VP16 - Königswe	6.87	54:50	7:58	1	-	4	13:15	97.00	12:04:32	7:28	1	-	6	2:55:24
VP17 - Sportplatz	6.20	56:32	9:07	1	-	7	21:33	103.20	13:01:04	7:34	1	-	5	3:16:57
VP18 - Osdorfer	6.49	50:12	7:44	1	-	7	10:44	109.69	13:51:16	7:34	1	-	5	3:20:12
VP19 - Lichtenra	5.71	45:41	8:00	1	-	9	9:36	115.40	14:36:57	7:35	1	-	5	3:29:48
VP20 - Kirchhain	4.35	40:16	9:15	1	-	5	13:23	119.75	15:17:13	7:39	1	-	5	3:43:11
VP21 - Buckow	6.15	54:11	8:48	1	-	8	17:35	125.90	16:11:24	7:42	1	-	5	4:00:46
VP22 - Rudow	4.97	50:28	10:09	2	7:21	14	18:19	130.87	17:01:52	7:48	1	-	6	4:19:05
VP23 - Johannistl	5.89	58:57	10:00	4	9:10	16	21:26	136.76	18:00:49	7:54	1	-	5	4:40:31
VP24 - Dammwe	5.64	56:35	10:01	2	8:21	9	20:59	142.40	18:57:24	7:59	1	-	6	5:01:30
VP25 - Eas Side	6.33	1:06:07	10:26	4	6:04	12	26:01	148.73	20:03:31	8:05	1	-	6	5:27:31
VP26 - Checkpoir	4.22	39:51	9:26	4	6:07	10	13:42	152.95	20:43:22	8:07	1	-	6	5:41:13
VP27 - Gedenkst.	4.12	44:20	10:45	4	10:58	11	16:48	157.07	21:27:42	8:11	1	-	5	5:58:01
Friedrich-Ludwig	4.78	46:32	9:44	4	11:02	19	18:34	161.85	22:14:14	8:14	1	-	5	6:16:35