



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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Libuda, Anke

☐☐☐: 22:52:46

☐☐: BSG Springorum Bochum

☐☐: 7.04 km/h

☐☐: 288

☐☐☐☐: 8:29 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 69 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 7 (of 49)

☐☐☐☐☐☐: 15:57:39

☐☐☐☐:

☐☐☐☐☐: 1(of 7)

Seniorinnen W35 (35-39 Jahre)

☐☐☐☐☐☐☐: 22:52:46

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐		
VP1 - S-Bahnhof	6.93	44:44	6:27	3	3:08	15	6:35	6.93	44:44	6:27	3	3:08	15	6:35
VP2 - Laufftreff Li	5.70	39:21	6:54	3	4:14	23	7:17	12.63	1:24:05	6:39	3	5:31	19	13:30
VP3 - Oranienbur	5.47	35:46	6:32	2	2:23	15	6:29	18.10	1:59:51	6:37	3	7:54	16	19:48
VP4 - Naturschut	4.97	35:58	7:14	2	2:58	13	7:50	23.07	2:35:49	6:45	3	10:52	16	27:38
VP5 - Frohnau	6.80	45:24	6:40	2	3:42	11	8:41	29.87	3:21:13	6:44	3	14:34	16	36:19
VP6 - Ruderclub	4.06	35:25	8:43	4	8:59	23	13:25	33.93	3:56:38	6:58	3	23:33	16	49:44
VP7 - Grenzturm	4.75	33:31	7:03	3	4:22	14	7:52	38.68	4:30:09	6:59	3	27:55	16	57:36
VP8 - Schönwald	7.53	55:58	7:25	2	3:29	13	14:22	46.21	5:26:07	7:03	2	31:24	15	1:11:58
VP9 - Falkenseer	5.69	44:42	7:51	2	8:36	10	12:45	51.90	6:10:49	7:08	2	40:00	15	1:24:43
VP10 - Karolinenl	6.60	52:53	8:00	2	11:51	11	15:38	58.50	7:03:42	7:14	2	51:51	14	1:40:21
VP11 - Pagel & Fi	4.90	42:47	8:43	3	10:06	13	14:59	63.40	7:46:29	7:21	2	1:01:57	13	1:55:20
VP12 - Schloss S	7.62	1:08:05	8:56	2	9:24	12	24:19	71.02	8:54:34	7:31	2	1:11:21	11	2:19:39
VP13 - Revierförs	6.21	53:37	8:38	4	11:34	17	16:54	77.23	9:48:11	7:36	2	1:22:55	11	2:36:33
VP14 - Brauhaus	6.00	48:11	8:01	2	9:50	7	10:51	83.23	10:36:22	7:38	2	1:32:45	9	2:47:24
VP15 - Gedenkst.	6.90	56:00	8:06	3	9:26	9	17:25	90.13	11:32:22	7:40	2	1:42:11	9	3:04:49
VP16 - Königswe	6.87	1:00:03	8:44	3	15:25	12	18:28	97.00	12:32:25	7:45	2	1:57:36	9	3:23:17
VP17 - Sportplatz	6.20	1:21:52	13:12	5	38:08	29	46:53	103.20	13:54:17	8:05	3	2:21:49	10	4:10:10
VP18 - Osdorfer	6.49	55:21	8:31	3	15:53	10	15:53	109.69	14:49:38	8:06	3	2:33:04	10	4:18:34
VP19 - Lichtenra	5.71	45:35	7:58	3	9:19	8	9:30	115.40	15:35:13	8:06	3	2:37:13	9	4:28:04
VP20 - Kirchhain	4.35	44:36	10:15	3	12:23	9	17:43	119.75	16:19:49	8:10	3	2:49:36	9	4:45:47
VP21 - Buckow	6.15	56:57	9:15	4	11:40	10	20:21	125.90	17:16:46	8:14	3	3:01:16	9	5:06:08
VP22 - Rudow	4.97	41:38	8:22	1	-	2	9:29	130.87	17:58:24	8:14	2	2:55:05	8	5:15:37
VP23 - Johannistl	5.89	58:54	10:00	3	4:32	15	21:23	136.76	18:57:18	8:18	1	-	7	5:37:00
VP24 - Dammwe	5.64	51:06	9:03	1	-	7	15:30	142.40	19:48:24	8:20	1	-	7	5:52:30
VP25 - Eas Side	6.33	1:10:07	11:04	1	-	14	30:01	148.73	20:58:31	8:27	1	-	7	6:22:31
VP26 - Checkpoir	4.22	40:51	9:40	1	-	12	14:42	152.95	21:39:22	8:29	1	-	7	6:37:13
VP27 - Gedenkst.	4.12	38:34	9:21	1	-	6	11:02	157.07	22:17:56	8:31	1	-	7	6:48:15
Friedrich-Ludwig	4.78	34:50	7:17	1	-	2	6:52	161.85	22:52:46	8:28	1	-	7	6:55:07