



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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Kgl. Preussich-Sächsische-Ultraver-einigung ☐☐☐☐ 1:54:34

☐☐: Kgl. Preussich-Sächsische-Ultraver-einigung

☐☐: 7.35 km/h

☐☐: 2004

☐☐☐☐: 8:07 min/km

☐☐: 161.85 km

☐☐☐☐☐☐☐☐: 4 (of 7)

100MeilenBerlin 2er-Staffel

☐☐☐☐☐☐☐☐: 4 (of 7)

☐☐☐☐☐☐☐☐: 18:01:57

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☐☐☐☐☐☐☐☐: 4(of 7)

2er Staffel

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐☐☐	☐☐ ☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐☐☐	☐☐☐ ☐☐☐		
VP1 - S-Bahnhof	6.93	42:59	6:12	4	11:23	4	11:23	6.93	42:59	6:12	4	11:23	4	11:23
VP2 - Laufftreff Li	5.70	40:49	7:09	5	12:45	5	12:45	12.63	1:23:48	6:38	5	24:08	5	24:08
VP3 - Oranienbur	5.47	41:07	7:31	5	13:02	5	13:02	18.10	2:04:55	6:54	5	37:10	5	37:10
VP4 - Naturschut	4.97	48:07	9:40	5	20:09	5	20:09	23.07	2:53:02	7:30	5	57:19	5	57:19
VP5 - Frohnau	6.80	1:00:43	8:55	5	18:54	5	18:54	29.87	3:53:45	7:49	5	1:16:07	5	1:16:07
VP6 - Ruderclub	4.06	41:51	10:18	6	12:44	6	12:44	33.93	4:35:36	8:07	5	1:22:34	5	1:22:34
VP7 - Grenzturm	4.75	47:02	9:54	5	14:17	5	14:17	38.68	5:22:38	8:20	5	1:35:50	5	1:35:50
VP8 - Schönwald	7.53	1:18:17	10:23	6	28:12	6	28:12	46.21	6:40:55	8:40	5	1:57:41	5	1:57:41
VP9 - Falkenseer	5.69	55:20	9:43	5	12:20	5	12:20	51.90	7:36:15	8:47	5	2:10:01	5	2:10:01
VP10 - Karolinenl	6.60	1:08:47	10:25	6	22:12	6	22:12	58.50	8:45:02	8:58	5	2:32:13	5	2:32:13
VP11 - Pagel & Fi	4.90	50:06	10:13	5	17:48	5	17:48	63.40	9:35:08	9:04	5	2:50:01	5	2:50:01
VP12 - Schloss S	7.62	1:01:57	8:07	4	10:23	4	10:23	71.02	10:37:05	8:58	5	3:00:24	5	3:00:24
VP13 - Revierförs	6.21	36:33	5:53	4	2:56	4	2:56	77.23	11:13:38	8:43	5	3:02:26	5	3:02:26
VP14 - Brauhaus	6.00	37:00	6:10	4	2:33	4	2:33	83.23	11:50:38	8:32	4	3:04:58	4	3:04:58
VP15 - Gedenkst.	6.90	44:08	6:23	4	5:23	4	5:23	90.13	12:34:46	8:22	4	3:10:21	4	3:10:21
VP16 - Königswe	6.87	41:17	6:00	1	-	1	-	97.00	13:16:03	8:12	4	3:09:52	4	3:09:52
VP17 - Sportplatz	6.20	43:41	7:02	3	0:59	3	0:59	103.20	13:59:44	8:08	4	3:10:17	4	3:10:17
VP18 - Osdorfer	6.49	51:30	7:56	4	9:54	4	9:54	109.69	14:51:14	8:07	4	3:20:11	4	3:20:11
VP19 - Lichtenra	5.71	1:01:12	10:43	6	22:46	6	22:46	115.40	15:52:26	8:15	4	3:40:33	4	3:40:33
VP20 - Kirchhain	4.35	35:44	8:12	3	4:13	3	4:13	119.75	16:28:10	8:15	4	3:44:46	4	3:44:46
VP21 - Buckow	6.15	52:47	8:34	4	10:40	4	10:40	125.90	17:20:57	8:16	4	3:55:26	4	3:55:26
VP22 - Rudow	4.97	49:42	10:00	6	11:50	6	11:50	130.87	18:10:39	8:20	4	4:07:16	4	4:07:16
VP23 - Johannistl	5.89	48:18	8:12	4	5:55	4	5:55	136.76	18:58:57	8:19	4	4:08:20	4	4:08:20
VP24 - Dammwe	5.64	37:47	6:41	1	-	1	-	142.40	19:36:44	8:15	4	3:59:48	4	3:59:48
VP25 - Eas Side	6.33	47:03	7:25	1	-	1	-	148.73	20:23:47	8:13	4	3:57:32	4	3:57:32
VP26 - Checkpoir	4.22	28:47	6:49	1	-	1	-	152.95	20:52:34	8:11	4	3:55:11	4	3:55:11
VP27 - Gedenkst.	4.12	33:19	8:05	1	-	1	-	157.07	21:25:53	8:11	4	3:54:12	4	3:54:12
Friedrich-Ludwig	4.78	28:41	6:00	1	-	1	-	161.85	21:54:34	8:07	4	3:52:37	4	3:52:37