



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

GORGONE, SALVATORE

☐☐: G.S. BANCARI ROMANI

☐☐: 253

☐☐: 161.85 km

100MeilenBerlin

☐☐☐☐:

Senioren M65 (65-69 Jahre)

☐☐☐: 23:15:12

☐☐: 6.92 km/h

☐☐☐☐: 8:37 min/km

☐☐☐☐☐/☐☐☐☐: 77 (of 296)

☐☐☐☐☐/☐: 70 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐: 1(of 8)

☐☐☐☐☐☐☐: 23:15:12

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	40:32	5:50	1	-	61	8:16	6.93	40:32	5:50	1	-	61	8:16
VP2 - Laufftreff Li	5.70	34:48	6:06	1	-	87	8:52	12.63	1:15:20	5:57	1	-	74	17:08
VP3 - Oranienbur	5.47	33:12	6:04	1	-	78	9:26	18.10	1:48:32	5:59	1	-	75	26:33
VP4 - Naturschut	4.97	33:33	6:45	1	-	80	10:24	23.07	2:22:05	6:09	1	-	80	36:57
VP5 - Frohnau	6.80	46:25	6:49	3	3:49	131	16:07	29.87	3:08:30	6:18	1	-	89	52:58
VP6 - Ruderclub	4.06	37:01	9:07	4	8:10	177	18:32	33.93	3:45:31	6:38	2	1:55	97	1:11:30
VP7 - Grenzturm	4.75	35:00	7:22	2	0:05	139	14:12	38.68	4:20:31	6:44	1	-	97	1:25:42
VP8 - Schönwald	7.53	59:55	7:57	2	3:06	137	24:19	46.21	5:20:26	6:56	1	-	103	1:50:01
VP9 - Falkenseer	5.69	47:33	8:21	3	4:30	131	20:25	51.90	6:07:59	7:05	1	-	108	2:10:26
VP10 - Karolinenl	6.60	54:56	8:19	1	-	103	24:47	58.50	7:02:55	7:13	1	-	107	2:35:13
VP11 - Pagel & Fi	4.90	47:21	9:39	2	0:44	134	24:36	63.40	7:50:16	7:25	1	-	103	2:59:49
VP12 - Schloss S	7.62	1:25:52	11:16	4	8:50	174	50:05	71.02	9:16:08	7:49	1	-	120	3:49:54
VP13 - Revierförs	6.21	52:11	8:24	1	-	93	22:31	77.23	10:08:19	7:52	1	-	119	4:12:25
VP14 - Brauhaus	6.00	47:48	7:57	1	-	48	18:16	83.23	10:56:07	7:52	1	-	111	4:30:41
VP15 - Gedenkst.	6.90	56:59	8:15	1	-	70	22:16	90.13	11:53:06	7:54	1	-	105	4:52:57
VP16 - Königswe	6.87	59:22	8:38	2	2:09	59	25:38	97.00	12:52:28	7:57	1	-	99	5:18:35
VP17 - Sportplatz	6.20	1:16:32	12:20	4	2:46	128	44:55	103.20	14:09:00	8:13	1	-	101	6:03:30
VP18 - Osdorfer	6.49	55:08	8:29	1	-	58	21:11	109.69	15:04:08	8:14	1	-	96	6:24:41
VP19 - Lichtenrav	5.71	48:04	8:25	1	-	59	18:45	115.40	15:52:12	8:15	1	-	93	6:43:26
VP20 - Kirchhain	4.35	47:51	11:00	3	2:45	106	23:33	119.75	16:40:03	8:21	1	-	92	7:06:59
VP21 - Buckow	6.15	57:47	9:23	1	-	67	22:47	125.90	17:37:50	8:24	1	-	91	7:29:46
VP22 - Rudow	4.97	48:54	9:50	1	-	63	27:31	130.87	18:26:44	8:27	1	-	90	7:50:01
VP23 - Johannistl	5.89	56:47	9:38	2	4:24	68	23:06	136.76	19:23:31	8:30	1	-	87	8:13:07
VP24 - Dammwe	5.64	53:47	9:32	1	-	55	22:06	142.40	20:17:18	8:32	1	-	81	8:34:52
VP25 - Eas Side	6.33	1:00:02	9:29	1	-	44	22:42	148.73	21:17:20	8:35	1	-	75	8:54:50
VP26 - Checkpoir	4.22	35:56	8:30	1	-	28	13:03	152.95	21:53:16	8:35	1	-	74	9:06:42
VP27 - Gedenkst.	4.12	43:57	10:40	1	-	70	19:14	157.07	22:37:13	8:38	1	-	72	9:24:15
Friedrich-Ludwig	4.78	37:59	7:56	1	-	43	13:36	161.85	23:15:12	8:37	1	-	70	9:35:01