



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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**Pfleger, Peter**

☐☐: SV Welchweiler

☐☐: 136

☐☐: 161.85 km

100MeilenBerlin

☐☐☐☐:

Senioren M50 (50-54 Jahre)

☐☐☐: 23:20:18

☐☐: 6.90 km/h

☐☐☐☐: 8:39 min/km

☐☐☐☐☐/☐☐☐☐: 81 (of 296)

☐☐☐☐☐/☐: 74 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐: 15(of 51)

☐☐☐☐☐☐☐: 18:03:51

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	51:53	7:29	51	18:35	230	19:37	6.93	51:53	7:29	51	18:35	230	19:37
VP2 - Laufftreff Li	5.70	42:58	7:32	47	15:19	221	17:02	12.63	1:34:51	7:30	50	33:54	228	36:39
VP3 - Oranienbur	5.47	43:08	7:53	49	16:56	224	19:22	18.10	2:17:59	7:37	50	50:43	227	56:00
VP4 - Naturschut	4.97	47:30	9:33	49	22:39	233	24:21	23.07	3:05:29	8:02	50	1:13:22	232	1:20:21
VP5 - Frohnau	6.80	53:02	7:47	43	20:18	204	22:44	29.87	3:58:31	7:59	49	1:33:40	226	1:42:59
VP6 - Ruderclub	4.06	39:24	9:42	42	17:55	198	20:55	33.93	4:37:55	8:11	48	1:51:35	220	2:03:54
VP7 - Grenzturm	4.75	41:37	8:45	46	16:14	204	20:49	38.68	5:19:32	8:15	48	2:07:49	217	2:24:43
VP8 - Schönwald	7.53	1:03:11	8:23	37	20:44	163	27:35	46.21	6:22:43	8:16	46	2:28:33	207	2:52:18
VP9 - Falkenseer	5.69	53:02	9:19	39	19:12	178	25:54	51.90	7:15:45	8:23	46	2:47:45	205	3:18:12
VP10 - Karolinenl	6.60	53:57	8:10	17	13:45	98	23:48	58.50	8:09:42	8:22	44	3:01:13	191	3:42:00
VP11 - Pagel & Fi	4.90	40:07	8:11	14	10:00	76	17:22	63.40	8:49:49	8:21	36	3:09:29	176	3:59:22
VP12 - Schloss S	7.62	1:18:14	10:16	25	30:01	144	42:27	71.02	10:08:03	8:33	33	3:39:30	166	4:41:49
VP13 - Revierförs	6.21	49:48	8:01	16	8:59	68	20:08	77.23	10:57:51	8:31	30	3:48:19	162	5:01:57
VP14 - Brauhaus	6.00	48:37	8:06	12	6:26	56	19:05	83.23	11:46:28	8:29	28	3:54:20	151	5:21:02
VP15 - Gedenkst.	6.90	55:19	8:01	16	10:11	59	20:36	90.13	12:41:47	8:27	27	3:59:52	140	5:41:38
VP16 - Königswe	6.87	53:34	7:47	5	4:52	32	19:50	97.00	13:35:21	8:24	26	4:04:44	127	6:01:28
VP17 - Sportplatz	6.20	1:08:40	11:04	21	23:51	92	37:03	103.20	14:44:01	8:33	26	4:27:50	122	6:38:31
VP18 - Osdorfer	6.49	52:18	8:03	8	5:57	46	18:21	109.69	15:36:19	8:32	25	4:31:46	117	6:56:52
VP19 - Lichtenra	5.71	48:30	8:29	10	8:32	61	19:11	115.40	16:24:49	8:32	25	4:37:14	113	7:16:03
VP20 - Kirchhain	4.35	42:55	9:51	14	11:38	72	18:37	119.75	17:07:44	8:34	23	4:44:29	110	7:34:40
VP21 - Buckow	6.15	56:19	9:09	9	13:01	58	21:19	125.90	18:04:03	8:36	20	4:54:52	104	7:55:59
VP22 - Rudow	4.97	43:04	8:39	6	5:43	28	21:41	130.87	18:47:07	8:36	18	4:56:00	95	8:10:24
VP23 - Johannistl	5.89	52:07	8:50	11	6:25	36	18:26	136.76	19:39:14	8:37	18	5:00:41	89	8:28:50
VP24 - Dammwe	5.64	53:10	9:25	12	12:39	53	21:29	142.40	20:32:24	8:39	18	5:03:26	87	8:49:58
VP25 - Eas Side	6.33	59:05	9:20	7	11:09	40	21:45	148.73	21:31:29	8:41	17	5:08:43	83	9:08:59
VP26 - Checkpoir	4.22	33:20	7:53	6	3:40	16	10:27	152.95	22:04:49	8:39	16	5:10:02	78	9:18:15
VP27 - Gedenkst.	4.12	36:57	8:58	9	5:50	30	12:14	157.07	22:41:46	8:40	15	5:12:15	75	9:28:48
Friedrich-Ludwig	4.78	38:32	8:03	11	10:34	45	14:09	161.85	23:20:18	8:39	15	5:16:27	74	9:40:07