



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Jackisch, Andreas

☐☐☐: 23:25:49

☐☐: Kissenbrück

☐☐: 6.87 km/h

☐☐: 167

☐☐☐☐: 8:41 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 83 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 76 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 16(of 51)

Senioren M50 (50-54 Jahre)

☐☐☐☐☐☐☐: 18:03:51

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	46:24	6:41	32	13:06	151	14:08	6.93	46:24	6:41	32	13:06	151	14:08
VP2 - Laufftreff Li	5.70	38:56	6:49	31	11:17	156	13:00	12.63	1:25:20	6:45	31	24:23	152	27:08
VP3 - Oranienbur	5.47	36:00	6:34	28	9:48	126	12:14	18.10	2:01:20	6:42	30	34:04	146	39:21
VP4 - Naturschut	4.97	36:41	7:22	28	11:50	136	13:32	23.07	2:38:01	6:50	31	45:54	142	52:53
VP5 - Frohnau	6.80	48:10	7:04	33	15:26	153	17:52	29.87	3:26:11	6:54	31	1:01:20	149	1:10:39
VP6 - Ruderclub	4.06	29:52	7:21	21	8:23	90	11:23	33.93	3:56:03	6:57	28	1:09:43	132	1:22:02
VP7 - Grenzturm	4.75	33:22	7:01	22	7:59	105	12:34	38.68	4:29:25	6:57	26	1:17:42	126	1:34:36
VP8 - Schönwald	7.53	57:55	7:41	25	15:28	122	22:19	46.21	5:27:20	7:05	24	1:33:10	127	1:56:55
VP9 - Falkenseer	5.69	46:36	8:11	25	12:46	118	19:28	51.90	6:13:56	7:12	25	1:45:56	127	2:16:23
VP10 - Karolinenl	6.60	58:02	8:47	29	17:50	133	27:53	58.50	7:11:58	7:23	23	2:03:29	121	2:44:16
VP11 - Pagel & Fi	4.90	40:54	8:20	16	10:47	84	18:09	63.40	7:52:52	7:27	20	2:12:32	106	3:02:25
VP12 - Schloss S	7.62	1:07:57	8:55	17	19:44	91	32:10	71.02	9:00:49	7:36	21	2:32:16	105	3:34:35
VP13 - Revierförs	6.21	47:19	7:37	9	6:30	47	17:39	77.23	9:48:08	7:36	18	2:38:36	95	3:52:14
VP14 - Brauhaus	6.00	52:44	8:47	22	10:33	103	23:12	83.23	10:40:52	7:41	18	2:48:44	94	4:15:26
VP15 - Gedenkst.	6.90	1:01:26	8:54	23	16:18	106	26:43	90.13	11:42:18	7:47	19	3:00:23	93	4:42:09
VP16 - Königswe	6.87	1:04:26	9:22	25	15:44	109	30:42	97.00	12:46:44	7:54	19	3:16:07	95	5:12:51
VP17 - Sportplatz	6.20	1:11:47	11:34	23	26:58	103	40:10	103.20	13:58:31	8:07	19	3:42:20	97	5:53:01
VP18 - Osdorfer	6.49	54:14	8:21	12	7:53	56	20:17	109.69	14:52:45	8:08	16	3:48:12	89	6:13:18
VP19 - Lichtenrav	5.71	50:17	8:48	12	10:19	71	20:58	115.40	15:43:02	8:10	16	3:55:27	88	6:34:16
VP20 - Kirchhain	4.35	45:04	10:21	17	13:47	83	20:46	119.75	16:28:06	8:15	16	4:04:51	88	6:55:02
VP21 - Buckow	6.15	1:01:40	10:01	17	18:22	86	26:40	125.90	17:29:46	8:20	16	4:20:35	87	7:21:42
VP22 - Rudow	4.97	47:12	9:29	12	9:51	50	25:49	130.87	18:16:58	8:22	16	4:25:51	81	7:40:15
VP23 - Johannistl	5.89	56:59	9:40	16	11:17	70	23:18	136.76	19:13:57	8:26	16	4:35:24	79	8:03:33
VP24 - Dammwe	5.64	1:05:18	11:34	28	24:47	122	33:37	142.40	20:19:15	8:33	17	4:50:17	84	8:36:49
VP25 - Eas Side	6.33	1:05:45	10:23	17	17:49	73	28:25	148.73	21:25:00	8:38	16	5:02:14	79	9:02:30
VP26 - Checkpoir	4.22	40:31	9:36	16	10:51	68	17:38	152.95	22:05:31	8:39	17	5:10:44	80	9:18:57
VP27 - Gedenkst.	4.12	39:54	9:41	14	8:47	46	15:11	157.07	22:45:25	8:41	16	5:15:54	78	9:32:27
Friedrich-Ludwig	4.78	40:24	8:27	15	12:26	53	16:01	161.85	23:25:49	8:41	16	5:21:58	76	9:45:38