



100MeilenBerlin Der Mauerweglauf

Berlin / 15.08.2015

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Urbanik, Andreas

000: 23:30:23

00: LG Mauerweg Berlin e.V. / LT Bernd Hübner

00: 6.85 km/h

00: 36

0000: 8:43 min/km

00: 161.85 km

00000/000: 87 (of 296)

100MeilenBerlin

00000/0: 80 (of 247)

000000: 13:40:11

0000:

00000: 11(of 22)

Senioren M35 (35-39 Jahre)

0000000: 13:40:11

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - S-Bahnhof	6.93	38:55	5:36	3	6:39	40	6:39	6.93	38:55	5:36	3	6:39	40	6:39
VP2 - Lauftreff Li	5.70	32:02	5:37	3	6:06	31	6:06	12.63	1:10:57	5:37	3	12:45	36	12:45
VP3 - Oranienbur	5.47	29:40	5:25	4	5:50	21	5:54	18.10	1:40:37	5:33	3	18:35	31	18:38
VP4 - Naturschut	4.97	30:18	6:05	4	7:06	33	7:09	23.07	2:10:55	5:40	4	25:41	30	25:47
VP5 - Frohnau	6.80	39:16	5:46	4	8:58	28	8:58	29.87	2:50:11	5:41	4	34:39	27	34:39
VP6 - Ruderclub	4.06	24:55	6:08	4	6:26	26	6:26	33.93	3:15:06	5:45	4	41:05	22	41:05
VP7 - Grenzturm	4.75	27:46	5:50	4	6:58	23	6:58	38.68	3:42:52	5:45	4	48:03	23	48:03
VP8 - Schönwald	7.53	46:53	6:13	4	11:17	24	11:17	46.21	4:29:45	5:50	4	59:20	21	59:20
VP9 - Falkenseer	5.69	36:56	6:29	6	9:48	32	9:48	51.90	5:06:41	5:54	4	1:09:08	21	1:09:08
VP10 - Karolinenl	6.60	45:03	6:49	7	14:54	37	14:54	58.50	5:51:44	6:00	4	1:24:02	23	1:24:02
VP11 - Pagel & Fi	4.90	36:38	7:28	6	13:53	47	13:53	63.40	6:28:22	6:07	4	1:37:55	24	1:37:55
VP12 - Schloss S	7.62	1:14:31	9:46	14	38:44	123	38:44	71.02	7:42:53	6:31	6	2:16:39	39	2:16:39
VP13 - Revierförs	6.21	52:10	8:24	12	22:30	92	22:30	77.23	8:35:03	6:40	6	2:39:09	45	2:39:09
VP14 - Brauhaus	6.00	53:58	8:59	13	24:26	118	24:26	83.23	9:29:01	6:50	6	3:03:35	47	3:03:35
VP15 - Gedenkst.	6.90	59:40	8:38	9	24:57	90	24:57	90.13	10:28:41	6:58	6	3:28:32	48	3:28:32
VP16 - Königswe	6.87	1:05:37	9:33	15	31:53	120	31:53	97.00	11:34:18	7:09	6	4:00:25	48	4:00:25
VP17 - Sportplatz	6.20	1:05:28	10:33	11	33:51	81	33:51	103.20	12:39:46	7:21	6	4:34:16	51	4:34:16
VP18 - Osdorfer	6.49	59:21	9:08	11	25:24	94	25:24	109.69	13:39:07	7:28	6	4:59:40	50	4:59:40
VP19 - Lichtenra	5.71	1:00:17	10:33	14	30:58	132	30:58	115.40	14:39:24	7:37	7	5:30:38	58	5:30:38
VP20 - Kirchhain	4.35	53:03	12:11	15	28:45	137	28:45	119.75	15:32:27	7:47	8	5:59:23	61	5:59:23
VP21 - Buckow	6.15	1:10:58	11:32	15	35:58	139	35:58	125.90	16:43:25	7:58	8	6:35:21	66	6:35:21
VP22 - Rudow	4.97	54:32	10:58	13	25:53	105	33:09	130.87	17:37:57	8:05	9	7:01:14	66	7:01:14
VP23 - Johannistl	5.89	1:04:56	11:01	12	31:15	110	31:15	136.76	18:42:53	8:12	9	7:32:29	66	7:32:29
VP24 - Dammwe	5.64	1:03:27	11:15	13	31:25	111	31:46	142.40	19:46:20	8:19	9	8:03:54	65	8:03:54
VP25 - Eas Side	6.33	1:18:33	12:24	14	38:29	139	41:13	148.73	21:04:53	8:30	10	8:42:23	72	8:42:23
VP26 - Checkpoir	4.22	49:26	11:42	14	25:22	140	26:33	152.95	21:54:19	8:35	10	9:07:45	75	9:07:45
VP27 - Gedenkst.	4.12	50:36	12:16	10	24:12	121	25:53	157.07	22:44:55	8:41	10	9:31:57	77	9:31:57
Friedrich-Ludwig	4.78	45:28	9:30	9	18:15	89	21:05	161.85	23:30:23	8:42	11	9:50:12	80	9:50:12