



# 100MeilenBerlin Der Mauerweglauf

Berlin / 15.08.2015

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stohldreier, thorsten

□□□: 23:39:19

□□: stulle-sparclub spiekers corner-marsberg

□□: 6.81 km/h

□□: 270

□□□□: 8:46 min/km

□□: 161.85 km

□□□□□/□□□: 91 (of 296)

100MeilenBerlin

□□□□□/□: 83 (of 247)

□□□□□□: 13:40:11

□□□□:

□□□□□: 13(of 38)

Senioren M40 (40-44 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - S-Bahnhof	6.93	37:49	5:27	5	5:10	22	5:33	6.93	37:49	5:27	5	5:10	22	5:33
VP2 - Laufftreff Li	5.70	31:23	5:30	5	3:52	20	5:27	12.63	1:09:12	5:28	5	9:02	21	11:00
VP3 - Oranienbur	5.47	29:57	5:28	6	4:59	25	6:11	18.10	1:39:09	5:28	6	14:01	21	17:10
VP4 - Naturschut	4.97	31:21	6:18	10	5:43	49	8:12	23.07	2:10:30	5:39	6	19:44	25	25:22
VP5 - Frohnau	6.80	39:39	5:49	10	7:41	36	9:21	29.87	2:50:09	5:41	7	27:25	26	34:37
VP6 - Ruderclub	4.06	28:44	7:04	13	9:05	74	10:15	33.93	3:18:53	5:51	8	36:30	34	44:52
VP7 - Grenzturm	4.75	27:46	5:50	7	5:08	23	6:58	38.68	3:46:39	5:51	8	41:38	30	51:50
VP8 - Schönwald	7.53	47:38	6:19	9	9:53	35	12:02	46.21	4:34:17	5:56	8	51:31	26	1:03:52
VP9 - Falkenseer	5.69	40:27	7:06	11	10:18	58	13:19	51.90	5:14:44	6:03	9	1:01:49	30	1:17:11
VP10 - Karolinenl	6.60	50:51	7:42	14	16:19	73	20:42	58.50	6:05:35	6:14	10	1:18:08	39	1:37:53
VP11 - Pagel & Fi	4.90	43:16	8:49	19	16:03	103	20:31	63.40	6:48:51	6:26	11	1:34:11	46	1:58:24
VP12 - Schloss S	7.62	1:13:57	9:42	22	30:10	121	38:10	71.02	8:02:48	6:47	10	2:04:21	53	2:36:34
VP13 - Revierförs	6.21	55:39	8:57	20	18:21	128	25:59	77.23	8:58:27	6:58	11	2:22:42	55	3:02:33
VP14 - Brauhaus	6.00	53:46	8:57	20	16:24	115	24:14	83.23	9:52:13	7:06	12	2:39:06	56	3:26:47
VP15 - Gedenkst.	6.90	1:01:04	8:51	21	21:10	105	26:21	90.13	10:53:17	7:14	12	3:00:16	60	3:53:08
VP16 - Königswe	6.87	1:03:28	9:14	16	22:39	99	29:44	97.00	11:56:45	7:23	13	3:22:55	61	4:22:52
VP17 - Sportplatz	6.20	1:48:51	17:33	33	1:09:39	205	1:17:14	103.20	13:45:36	8:00	17	4:32:34	85	5:40:06
VP18 - Osdorfer	6.49	56:38	8:43	11	15:36	70	22:41	109.69	14:42:14	8:02	16	4:48:10	83	6:02:47
VP19 - Lichtenra	5.71	53:18	9:20	15	18:12	94	23:59	115.40	15:35:32	8:06	15	5:05:29	85	6:26:46
VP20 - Kirchhain	4.35	46:18	10:38	16	18:38	92	22:00	119.75	16:21:50	8:11	15	5:21:19	85	6:48:46
VP21 - Buckow	6.15	1:06:12	10:45	18	27:53	111	31:12	125.90	17:28:02	8:19	14	5:47:14	84	7:19:58
VP22 - Rudow	4.97	50:57	10:15	14	20:28	74	29:34	130.87	18:18:59	8:23	13	6:05:39	82	7:42:16
VP23 - Johannistl	5.89	1:02:53	10:40	17	25:34	101	29:12	136.76	19:21:52	8:29	14	6:30:04	85	8:11:28
VP24 - Dammwe	5.64	1:00:04	10:39	15	24:08	97	28:23	142.40	20:21:56	8:34	13	6:52:19	85	8:39:30
VP25 - Eas Side	6.33	1:12:29	11:27	16	30:05	103	35:09	148.73	21:34:25	8:42	13	7:21:38	84	9:11:55
VP26 - Checkpoir	4.22	37:52	8:58	8	12:50	42	14:59	152.95	22:12:17	8:42	13	7:31:18	85	9:25:43
VP27 - Gedenkst.	4.12	43:55	10:39	10	18:03	69	19:12	157.07	22:56:12	8:45	13	7:49:21	84	9:43:14
Friedrich-Ludwig	4.78	43:07	9:01	11	14:55	76	18:44	161.85	23:39:19	8:46	13	8:04:16	83	9:59:08