



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Marschallek, Stephan

☐☐☐: 23:41:17

☐☐: TV Fürstenwalde

☐☐: - km/h

☐☐: 102

☐☐☐☐: 8:47 min/km

Enduro E Bike

☐☐☐☐☐/☐☐☐☐: 93 (of 296)

☐☐☐☐☐/☐: 84 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 14(of 38)

Senioren M40 (40-44 Jahre)

☐☐☐☐☐☐☐: 15:35:03

☐☐☐☐

☐☐☐☐

☐☐☐

☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	39:53	5:45	12	7:14	47	7:37	6.93	39:53	5:45	12	7:14	47	7:37
VP2 - Laufftreff Li	5.70	32:25	5:41	11	4:54	43	6:29	12.63	1:12:18	5:43	12	12:08	45	14:06
VP3 - Oranienbur	5.47	31:39	5:47	11	6:41	50	7:53	18.10	1:43:57	5:44	10	18:49	42	21:58
VP4 - Naturschut	4.97	35:37	7:09	20	9:59	105	12:28	23.07	2:19:34	6:02	17	28:48	62	34:26
VP5 - Frohnau	6.80	45:36	6:42	21	13:38	109	15:18	29.87	3:05:10	6:11	20	42:26	84	49:38
VP6 - Ruderclub	4.06	29:25	7:14	17	9:46	84	10:56	33.93	3:34:35	6:19	18	52:12	77	1:00:34
VP7 - Grenzturm	4.75	33:19	7:00	19	10:41	103	12:31	38.68	4:07:54	6:24	18	1:02:53	77	1:13:05
VP8 - Schönwald	7.53	59:13	7:51	22	21:28	132	23:37	46.21	5:07:07	6:38	18	1:24:21	81	1:36:42
VP9 - Falkenseer	5.69	46:32	8:10	21	16:23	116	19:24	51.90	5:53:39	6:48	18	1:40:44	87	1:56:06
VP10 - Karolinenl	6.60	56:01	8:29	22	21:29	114	25:52	58.50	6:49:40	7:00	17	2:02:13	89	2:21:58
VP11 - Pagel & Fi	4.90	49:26	10:05	25	22:13	156	26:41	63.40	7:39:06	7:14	19	2:24:26	97	2:48:39
VP12 - Schloss S	7.62	1:21:00	10:37	29	37:13	154	45:13	71.02	9:00:06	7:36	20	3:01:39	104	3:33:52
VP13 - Revierförs	6.21	52:22	8:25	16	15:04	98	22:42	77.23	9:52:28	7:40	20	3:16:43	100	3:56:34
VP14 - Brauhaus	6.00	57:51	9:38	24	20:29	150	28:19	83.23	10:50:19	7:48	20	3:37:12	104	4:24:53
VP15 - Gedenkst.	6.90	58:34	8:29	17	18:40	87	23:51	90.13	11:48:53	7:51	20	3:55:52	101	4:48:44
VP16 - Königswe	6.87	1:12:00	10:28	26	31:11	156	38:16	97.00	13:00:53	8:03	21	4:27:03	108	5:27:00
VP17 - Sportplatz	6.20	1:09:13	11:09	13	30:01	94	37:36	103.20	14:10:06	8:14	21	4:57:04	105	6:04:36
VP18 - Osdorfer	6.49	1:21:36	12:34	30	40:34	178	47:39	109.69	15:31:42	8:29	22	5:37:38	115	6:52:15
VP19 - Lichtenrav	5.71	1:00:28	10:35	22	25:22	134	31:09	115.40	16:32:10	8:35	21	6:02:07	115	7:23:24
VP20 - Kirchhain	4.35	32:05	7:22	5	4:25	17	7:47	119.75	17:04:15	8:33	20	6:03:44	108	7:31:11
VP21 - Buckow	6.15	56:54	9:15	12	18:35	60	21:54	125.90	18:01:09	8:35	18	6:20:21	98	7:53:05
VP22 - Rudow	4.97	52:03	10:28	16	21:34	86	30:40	130.87	18:53:12	8:39	19	6:39:52	99	8:16:29
VP23 - Johannistl	5.89	1:02:49	10:39	16	25:30	99	29:08	136.76	19:56:01	8:44	19	7:04:13	104	8:45:37
VP24 - Dammwe	5.64	57:41	10:13	14	21:45	81	26:00	142.40	20:53:42	8:48	18	7:24:05	100	9:11:16
VP25 - Eas Side	6.33	1:02:54	9:56	10	20:30	60	25:34	148.73	21:56:36	8:51	16	7:43:49	97	9:34:06
VP26 - Checkpoir	4.22	38:33	9:08	11	13:31	48	15:40	152.95	22:35:09	8:51	16	7:54:10	96	9:48:35
VP27 - Gedenkst.	4.12	35:01	8:29	5	9:09	22	10:18	157.07	23:10:10	8:51	16	8:03:19	93	9:57:12
Friedrich-Ludwig	4.78	31:07	6:30	2	2:55	14	6:44	-	23:41:17	-	14	8:06:14	84	10:01:06