



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Zeller, Gunther

☐☐☐: 23:45:36

☐☐: AMULT

☐☐: 6.78 km/h

☐☐: 92

☐☐☐☐: 8:49 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 102 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 91 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 4(of 15)

Senioren M60 (60-64 Jahre)

☐☐☐☐☐☐☐: 22:52:46

☐☐☐☐

☐☐☐☐

☐☐☐

☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	44:24	6:24	4	3:12	116	12:08	6.93	44:24	6:24	4	3:12	116	12:08
VP2 - Laufftreff Li	5.70	38:21	6:43	7	4:55	144	12:25	12.63	1:22:45	6:33	5	8:07	130	24:33
VP3 - Oranienbur	5.47	38:17	6:59	6	6:45	165	14:31	18.10	2:01:02	6:41	6	14:52	144	39:03
VP4 - Naturschut	4.97	38:18	7:42	7	5:24	162	15:09	23.07	2:39:20	6:54	6	20:16	148	54:12
VP5 - Frohnau	6.80	51:29	7:34	9	11:16	186	21:11	29.87	3:30:49	7:03	6	31:32	160	1:15:17
VP6 - Ruderclub	4.06	36:33	9:00	6	8:02	171	18:04	33.93	4:07:22	7:17	4	39:34	160	1:33:21
VP7 - Grenzturm	4.75	35:24	7:27	5	5:58	145	14:36	38.68	4:42:46	7:18	3	45:32	156	1:47:57
VP8 - Schönwald	7.53	1:04:41	8:35	9	14:17	182	29:05	46.21	5:47:27	7:31	6	59:49	159	2:17:02
VP9 - Falkenseer	5.69	43:43	7:40	3	4:22	90	16:35	51.90	6:31:10	7:32	6	1:04:11	152	2:33:37
VP10 - Karolinenl	6.60	52:55	8:01	2	1:22	92	22:46	58.50	7:24:05	7:35	4	1:05:33	138	2:56:23
VP11 - Pagel & Fi	4.90	38:08	7:46	2	1:10	61	15:23	63.40	8:02:13	7:36	4	1:04:35	121	3:11:46
VP12 - Schloss S	7.62	1:10:06	9:11	5	8:31	103	34:19	71.02	9:12:19	7:46	4	43:52	119	3:46:05
VP13 - Revierförs	6.21	51:11	8:14	1	-	82	21:31	77.23	10:03:30	7:48	4	36:09	110	4:07:36
VP14 - Brauhaus	6.00	45:47	7:37	2	0:29	35	16:15	83.23	10:49:17	7:48	4	17:00	102	4:23:51
VP15 - Gedenkst.	6.90	1:06:14	9:35	10	13:59	137	31:31	90.13	11:55:31	7:56	4	26:31	107	4:55:22
VP16 - Königswe	6.87	53:39	7:48	1	-	33	19:55	97.00	12:49:10	7:55	4	12:51	96	5:15:17
VP17 - Sportplatz	6.20	1:14:06	11:57	5	10:05	118	42:29	103.20	14:03:16	8:10	4	15:55	98	5:57:46
VP18 - Osdorfer	6.49	1:05:42	10:07	7	17:24	124	31:45	109.69	15:08:58	8:17	4	29:41	99	6:29:31
VP19 - Lichtenra	5.71	50:21	8:49	4	11:07	74	21:02	115.40	15:59:19	8:18	4	34:35	96	6:50:33
VP20 - Kirchhain	4.35	50:51	11:41	8	17:29	123	26:33	119.75	16:50:10	8:26	4	52:04	94	7:17:06
VP21 - Buckow	6.15	1:05:01	10:34	6	9:57	102	30:01	125.90	17:55:11	8:32	4	45:48	93	7:47:07
VP22 - Rudow	4.97	51:52	10:26	5	30:29	81	30:29	130.87	18:47:03	8:36	4	1:08:54	94	8:10:20
VP23 - Johannistl	5.89	54:07	9:11	2	1:21	48	20:26	136.76	19:41:10	8:38	4	58:35	91	8:30:46
VP24 - Dammwe	5.64	59:22	10:31	5	10:26	94	27:41	142.40	20:40:32	8:42	4	50:27	90	8:58:06
VP25 - Eas Side	6.33	1:01:16	9:40	2	3:13	49	23:56	148.73	21:41:48	8:45	4	51:52	89	9:19:18
VP26 - Checkpoir	4.22	49:01	11:36	11	12:34	137	26:08	152.95	22:30:49	8:49	4	1:04:26	93	9:44:15
VP27 - Gedenkst.	4.12	34:01	8:15	1	-	15	9:18	157.07	23:04:50	8:48	4	49:34	87	9:51:52
Friedrich-Ludwig	4.78	40:46	8:31	3	12:06	58	16:23	161.85	23:45:36	8:48	4	52:50	91	10:05:25