



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Kupferschmidt, John

☐☐: LG Mauerweg Berlin e.V.

☐☐: 10

☐☐: 161.85 km
100MeilenBerlin

☐☐☐☐:
Senioren M55 (55-59 Jahre)

☐☐☐☐☐/☐☐☐☐: DNF (of 296)

☐☐☐☐☐/☐☐: DNF (of 247)

☐☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐☐: DNF(of 32)

☐☐☐☐☐☐☐☐☐: 16:59:31

☐☐☐☐

☐☐☐☐

☐☐☐

☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	52:56	7:38	28	17:43	231	20:40	6.93	52:56	7:38	28	17:43	231	20:40
VP2 - Laufftreff Li	5.70	41:37	7:18	25	11:26	204	15:41	12.63	1:34:33	7:29	28	29:09	226	36:21
VP3 - Oranienbur	5.47	38:48	7:05	19	10:07	172	15:02	18.10	2:13:21	7:22	27	39:16	213	51:22
VP4 - Naturschut	4.97	38:44	7:47	19	10:20	170	15:35	23.07	2:52:05	7:27	27	49:36	199	1:06:57
VP5 - Frohnau	6.80	54:25	8:00	26	17:58	215	24:07	29.87	3:46:30	7:34	26	1:07:34	205	1:30:58
VP6 - Ruderclub	4.06	41:39	10:15	22	18:17	208	23:10	33.93	4:28:09	7:54	23	1:25:51	205	1:54:08
VP7 - Grenzturm	4.75	42:51	9:01	25	16:22	214	22:03	38.68	5:11:00	8:02	24	1:42:13	208	2:16:11
VP8 - Schönwald	7.53	1:19:32	10:33	28	36:50	230	43:56	46.21	6:30:32	8:27	26	2:19:03	214	3:00:07
VP9 - Falkenseer	5.69	57:30	10:06	24	23:46	206	30:22	51.90	7:28:02	8:37	26	2:42:49	216	3:30:29
VP10 - Karolinenl	6.60	1:07:07	10:10	20	28:53	197	36:58	58.50	8:35:09	8:48	23	3:11:42	210	4:07:27
VP11 - Pagel & Fi	4.90	41:32	8:28	9	9:06	92	18:47	63.40	9:16:41	8:46	21	3:20:30	197	4:26:14
VP12 - Schloss S	7.62	1:09:53	9:10	12	24:08	102	34:06	71.02	10:26:34	8:49	19	3:44:38	181	5:00:20
VP13 - Revierförs	6.21	1:03:16	10:11	21	21:46	188	33:36	77.23	11:29:50	8:55	19	4:06:24	181	5:33:56
VP14 - Brauhaus	6.00	1:04:49	10:48	23	25:37	187	35:17	83.23	12:34:39	9:04	19	4:32:01	181	6:09:13
VP15 - Gedenkst.	6.90	1:17:40	11:15	21	34:30	190	42:57	90.13	13:52:19	9:14	20	5:06:22	181	6:52:10
VP16 - Königswe	6.87	1:20:51	11:46	24	35:54	191	47:07	97.00	15:13:10	9:24	19	5:38:03	178	7:39:17
VP17 - Sportplatz	6.20	1:28:16	14:14	22	45:23	173	56:39	103.20	16:41:26	9:42	20	6:21:39	177	8:35:56
VP18 - Osdorfer !	6.49	1:17:53	12:00	20	37:54	170	43:56	109.69	17:59:19	9:50	17	6:59:33	172	9:19:52
VP19 - Lichtenra	5.71	1:12:54	12:46	23	36:15	187	43:35	115.40	19:12:13	9:59	18	7:35:48	177	10:03:27
VP20 - Kirchhain	4.35	1:03:16	14:32	22	35:08	180	38:58	119.75	20:15:29	10:09	18	8:10:56	177	10:42:25
VP21 - Buckow	6.15	1:24:48	13:47	22	43:49	182	49:48	125.90	21:40:17	10:19	19	8:54:45	180	11:32:13
VP22 - Rudow	4.97	fehlt!	-	-	-	-	-	130.87	-	-	-	-	-	-
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	-	136.76	-	-	-	-	-	-
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	-	142.40	-	-	-	-	-	-
VP25 - Eas Side (6.33	fehlt!	-	-	-	-	-	148.73	-	-	-	-	-	-
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	-	152.95	-	-	-	-	-	-
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	-	157.07	-	-	-	-	-	-
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	-	161.85	-	-	-	-	-	-