



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Kirchner, Andreas

☐☐☐: 24:54:08

☐☐: Berlin

☐☐: 6.47 km/h

☐☐: 237

☐☐☐☐: 9:14 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 115 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 102 (of 247)

☐☐☐☐:

☐☐☐☐☐: 27(of 53)

Senioren M45 (45-49 Jahre)

☐☐☐☐☐☐☐: 15:34:05

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	47:33	6:51	39	15:17	182	15:17	6.93	47:33	6:51	39	15:17	182	15:17
VP2 - Laufftreff Li	5.70	39:03	6:51	36	13:07	160	13:07	12.63	1:26:36	6:51	38	28:23	170	28:24
VP3 - Oranienbur	5.47	36:27	6:39	35	12:41	140	12:41	18.10	2:03:03	6:47	36	41:04	160	41:04
VP4 - Naturschut	4.97	37:22	7:31	33	14:13	144	14:13	23.07	2:40:25	6:57	37	55:17	159	55:17
VP5 - Frohnau	6.80	51:04	7:30	42	20:38	183	20:46	29.87	3:31:29	7:04	38	1:15:55	162	1:15:57
VP6 - Ruderclub	4.06	32:27	7:59	27	13:57	117	13:58	33.93	4:03:56	7:11	36	1:29:52	152	1:29:55
VP7 - Grenzturm	4.75	34:46	7:19	32	12:28	133	13:58	38.68	4:38:42	7:12	34	1:42:20	147	1:43:53
VP8 - Schönwald	7.53	1:06:24	8:49	43	28:39	190	30:48	46.21	5:45:06	7:28	35	2:10:59	152	2:14:41
VP9 - Falkenseer	5.69	43:26	7:37	23	12:54	87	16:18	51.90	6:28:32	7:29	34	2:23:53	147	2:30:59
VP10 - Karolinenl	6.60	56:19	8:31	33	21:17	119	26:10	58.50	7:24:51	7:36	33	2:42:19	140	2:57:09
VP11 - Pagel & Fi	4.90	48:22	9:52	32	21:40	145	25:37	63.40	8:13:13	7:46	33	3:03:50	138	3:22:46
VP12 - Schloss S	7.62	1:14:44	9:48	32	31:18	124	38:57	71.02	9:27:57	7:59	32	3:34:59	133	4:01:43
VP13 - Revierförs	6.21	53:21	8:35	26	18:07	103	23:41	77.23	10:21:18	8:02	32	3:51:37	126	4:25:24
VP14 - Brauhaus	6.00	56:43	9:27	32	22:31	145	27:11	83.23	11:18:01	8:08	32	4:10:25	130	4:52:35
VP15 - Gedenkst.	6.90	58:13	8:26	22	22:05	84	23:30	90.13	12:16:14	8:10	32	4:22:38	122	5:16:05
VP16 - Königswe	6.87	1:05:18	9:30	30	20:29	119	31:34	97.00	13:21:32	8:15	32	4:39:39	121	5:47:39
VP17 - Sportplatz	6.20	1:27:30	14:06	36	52:54	171	55:53	103.20	14:49:02	8:36	32	5:30:02	124	6:43:32
VP18 - Osdorfer	6.49	56:49	8:45	20	13:33	73	22:52	109.69	15:45:51	8:37	32	5:43:35	122	7:06:24
VP19 - Lichtenra	5.71	56:25	9:52	31	21:22	115	27:06	115.40	16:42:16	8:41	33	6:00:40	124	7:33:30
VP20 - Kirchhain	4.35	45:18	10:24	24	15:38	85	21:00	119.75	17:27:34	8:44	32	6:16:18	122	7:54:30
VP21 - Buckow	6.15	59:42	9:42	20	21:20	73	24:42	125.90	18:27:16	8:47	31	6:34:14	117	8:19:12
VP22 - Rudow	4.97	1:01:38	12:24	34	31:19	151	40:15	130.87	19:28:54	8:55	32	6:54:07	119	8:52:11
VP23 - Johannistl	5.89	1:22:26	13:59	39	45:35	172	48:45	136.76	20:51:20	9:08	32	7:38:15	119	9:40:56
VP24 - Dammwe	5.64	53:39	9:30	13	21:58	54	21:58	142.40	21:44:59	9:09	30	8:00:13	115	10:02:33
VP25 - Eas Side	6.33	1:04:26	10:10	18	27:06	71	27:06	148.73	22:49:25	9:12	29	8:27:19	109	10:26:55
VP26 - Checkpoir	4.22	39:44	9:24	13	16:51	58	16:51	152.95	23:29:09	9:12	28	8:44:10	105	10:42:35
VP27 - Gedenkst.	4.12	44:34	10:49	16	19:51	73	19:51	157.07	24:13:43	9:15	28	9:04:01	105	11:00:45
Friedrich-Ludwig	4.78	40:25	8:27	14	16:02	54	16:02	161.85	24:54:08	9:13	27	9:20:03	102	11:13:57