



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Reuter, Jürgen

☐☐☐: 24:54:08

☐☐: ohne

☐☐: 6.47 km/h

☐☐: 315

☐☐☐☐: 9:14 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 117 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 102 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 27(of 53)

Senioren M45 (45-49 Jahre)

☐☐☐☐☐☐☐: 15:34:05

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	49:21	7:07	42	17:05	202	17:05	6.93	49:21	7:07	42	17:05	202	17:05
VP2 - Laufftreff Li	5.70	39:47	6:58	40	13:51	177	13:51	12.63	1:29:08	7:03	42	30:55	193	30:56
VP3 - Oranienbur	5.47	37:23	6:50	39	13:37	152	13:37	18.10	2:06:31	6:59	40	44:32	175	44:32
VP4 - Naturschut	4.97	39:55	8:01	40	16:46	181	16:46	23.07	2:46:26	7:12	42	1:01:18	179	1:01:18
VP5 - Frohnau	6.80	48:31	7:08	38	18:05	156	18:13	29.87	3:34:57	7:11	41	1:19:23	170	1:19:25
VP6 - Ruderclub	4.06	36:11	8:54	38	17:41	165	17:42	33.93	4:11:08	7:24	39	1:37:04	164	1:37:07
VP7 - Grenzturm	4.75	35:23	7:26	35	13:05	143	14:35	38.68	4:46:31	7:24	38	1:50:09	162	1:51:42
VP8 - Schönwald	7.53	1:04:35	8:34	41	26:50	181	28:59	46.21	5:51:06	7:35	39	2:16:59	167	2:20:41
VP9 - Falkenseer	5.69	1:02:58	11:03	45	32:26	225	35:50	51.90	6:54:04	7:58	41	2:49:25	182	2:56:31
VP10 - Karolinenl	6.60	55:10	8:21	29	20:08	105	25:01	58.50	7:49:14	8:01	40	3:06:42	173	3:21:32
VP11 - Pagel & Fi	4.90	40:01	8:09	18	13:19	73	17:16	63.40	8:29:15	8:01	37	3:19:52	154	3:38:48
VP12 - Schloss S	7.62	1:06:43	8:45	20	23:17	79	30:56	71.02	9:35:58	8:06	34	3:43:00	140	4:09:44
VP13 - Revierförs	6.21	54:59	8:51	31	19:45	120	25:19	77.23	10:30:57	8:10	35	4:01:16	141	4:35:03
VP14 - Brauhaus	6.00	57:12	9:31	34	23:00	147	27:40	83.23	11:28:09	8:16	35	4:20:33	138	5:02:43
VP15 - Gedenkst.	6.90	57:17	8:18	18	21:09	75	22:34	90.13	12:25:26	8:16	33	4:31:50	129	5:25:17
VP16 - Königswe	6.87	1:01:19	8:55	21	16:30	77	27:35	97.00	13:26:45	8:19	33	4:44:52	124	5:52:52
VP17 - Sportplatz	6.20	1:29:51	14:29	37	55:15	175	58:14	103.20	14:56:36	8:41	34	5:37:36	129	6:51:06
VP18 - Osdorfer	6.49	53:43	8:16	12	10:27	53	19:46	109.69	15:50:19	8:39	33	5:48:03	124	7:10:52
VP19 - Lichtenra	5.71	46:24	8:07	17	11:21	50	17:05	115.40	16:36:43	8:38	32	5:55:07	121	7:27:57
VP20 - Kirchhain	4.35	50:23	11:34	34	20:43	121	26:05	119.75	17:27:06	8:44	31	6:15:50	121	7:54:02
VP21 - Buckow	6.15	1:02:29	10:09	23	24:07	91	27:29	125.90	18:29:35	8:48	32	6:36:33	118	8:21:31
VP22 - Rudow	4.97	52:12	10:30	20	21:53	88	30:49	130.87	19:21:47	8:52	31	6:47:00	116	8:45:04
VP23 - Johannistl	5.89	1:09:58	11:52	31	33:07	128	36:17	136.76	20:31:45	9:00	30	7:18:40	117	9:21:21
VP24 - Dammwe	5.64	1:07:09	11:54	31	35:28	135	35:28	142.40	21:38:54	9:07	29	7:54:08	113	9:56:28
VP25 - Eas Side	6.33	1:10:29	11:08	24	33:09	94	33:09	148.73	22:49:23	9:12	28	8:27:17	108	10:26:53
VP26 - Checkpoir	4.22	39:48	9:25	14	16:55	60	16:55	152.95	23:29:11	9:12	29	8:44:12	106	10:42:37
VP27 - Gedenkst.	4.12	44:34	10:49	16	19:51	73	19:51	157.07	24:13:45	9:15	29	9:04:03	106	11:00:47
Friedrich-Ludwig	4.78	40:23	8:26	13	16:00	52	16:00	161.85	24:54:08	9:13	27	9:20:03	102	11:13:57