



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Sandrock, Arno

☐☐: kein Verein

☐☐: 263

☐☐: 161.85 km
100MeilenBerlin

☐☐☐☐:
Senioren M50 (50-54 Jahre)

☐☐☐☐☐/☐☐☐☐: DNF (of 296)

☐☐☐☐☐/☐: DNF (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐: DNF(of 51)

☐☐☐☐☐☐☐: 18:03:51

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	43:26	6:16	18	10:08	90	6.93	43:26	6:16	18	10:08	90	11:10
VP2 - Laufftreff Li	5.70	35:01	6:08	17	7:22	90	12.63	1:18:27	6:12	17	17:30	91	20:15
VP3 - Oranienbur	5.47	29:55	5:28	4	3:43	24	18.10	1:48:22	5:59	13	21:06	73	26:23
VP4 - Naturschut	4.97	31:03	6:14	12	6:12	47	23.07	2:19:25	6:02	12	27:18	60	34:17
VP5 - Frohnau	6.80	37:10	5:27	3	4:26	18	29.87	2:56:35	5:54	12	31:44	47	41:03
VP6 - Ruderclub	4.06	24:55	6:08	6	3:26	26	33.93	3:21:30	5:56	11	35:10	43	47:29
VP7 - Grenzturm	4.75	29:26	6:11	11	4:03	46	38.68	3:50:56	5:58	11	39:13	42	56:07
VP8 - Schönwald	7.53	51:10	6:47	10	8:43	62	46.21	4:42:06	6:06	9	47:56	45	1:11:41
VP9 - Falkenseer	5.69	38:38	6:47	9	4:48	46	51.90	5:20:44	6:10	8	52:44	42	1:23:11
VP10 - Karolinenl	6.60	46:38	7:03	8	6:26	45	58.50	6:07:22	6:16	8	58:53	42	1:39:40
VP11 - Pagel & Fi	4.90	35:33	7:15	8	5:26	38	63.40	6:42:55	6:21	8	1:02:35	38	1:52:28
VP12 - Schloss S	7.62	1:13:42	9:40	23	25:29	119	71.02	7:56:37	6:42	10	1:28:04	50	2:30:23
VP13 - Revierförs	6.21	51:04	8:13	19	10:15	80	77.23	8:47:41	6:49	10	1:38:09	52	2:51:47
VP14 - Brauhaus	6.00	46:25	7:44	7	4:14	38	83.23	9:34:06	6:53	10	1:41:58	50	3:08:40
VP15 - Gedenkst.	6.90	58:05	8:25	20	12:57	83	90.13	10:32:11	7:00	10	1:50:16	50	3:32:02
VP16 - Königswe	6.87	1:17:51	11:19	36	29:09	180	97.00	11:50:02	7:19	11	2:19:25	56	4:16:09
VP17 - Sportplatz	6.20	1:55:37	18:38	42	1:10:48	209	103.20	13:45:39	8:00	17	3:29:28	86	5:40:09
VP18 - Osdorfer !	6.49	1:13:41	11:21	34	27:20	160	109.69	14:59:20	8:11	19	3:54:47	93	6:19:53
VP19 - Lichtenrav	5.71	52:29	9:11	20	12:31	90	115.40	15:51:49	8:14	18	4:04:14	92	6:43:03
VP20 - Kirchhain	4.35	1:06:10	15:12	38	34:53	187	119.75	16:57:59	8:30	20	4:34:44	99	7:24:55
VP21 - Buckow	6.15	2:50:03	27:39	40	2:06:45	191	125.90	19:48:02	9:26	28	6:38:51	146	9:39:58
VP22 - Rudow	4.97	fehlt!	-	-	-	-	130.87	-	-	-	-	-	-
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	136.76	-	-	-	-	-	-
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	142.40	-	-	-	-	-	-
VP25 - Eas Side (6.33	fehlt!	-	-	-	-	148.73	-	-	-	-	-	-
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	152.95	-	-	-	-	-	-
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	157.07	-	-	-	-	-	-
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	161.85	-	-	-	-	-	-