



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Luther, Mario

☐☐☐: 25:40:40

☐☐: LG DUV

☐☐: 6.27 km/h

☐☐: 171

☐☐☐☐: 9:31 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 126 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 110 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 23(of 51)

Senioren M50 (50-54 Jahre)

☐☐☐☐☐☐☐: 18:03:51

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	46:27	6:42	34	13:09	155	14:11	6.93	46:27	6:42	34	13:09	155	14:11
VP2 - Laufftreff Li	5.70	37:47	6:37	29	10:08	136	11:51	12.63	1:24:14	6:40	30	23:17	147	26:02
VP3 - Oranienbur	5.47	35:43	6:31	26	9:31	118	11:57	18.10	1:59:57	6:37	27	32:41	135	37:58
VP4 - Naturschut	4.97	35:02	7:02	20	10:11	95	11:53	23.07	2:34:59	6:43	25	42:52	124	49:51
VP5 - Frohnau	6.80	46:33	6:50	25	13:49	132	16:15	29.87	3:21:32	6:44	26	56:41	128	1:06:00
VP6 - Ruderclub	4.06	28:23	6:59	17	6:54	66	9:54	33.93	3:49:55	6:46	23	1:03:35	111	1:15:54
VP7 - Grenzturm	4.75	34:31	7:15	27	9:08	129	13:43	38.68	4:24:26	6:50	23	1:12:43	109	1:29:37
VP8 - Schönwald	7.53	58:49	7:48	28	16:22	129	23:13	46.21	5:23:15	6:59	23	1:29:05	118	1:52:50
VP9 - Falkenseer	5.69	48:41	8:33	31	14:51	142	21:33	51.90	6:11:56	7:09	24	1:43:56	126	2:14:23
VP10 - Karolinenl	6.60	47:34	7:12	11	7:22	52	17:25	58.50	6:59:30	7:10	21	1:51:01	102	2:31:48
VP11 - Pagel & Fi	4.90	56:05	11:26	40	25:58	203	33:20	63.40	7:55:35	7:30	22	2:15:15	112	3:05:08
VP12 - Schloss S	7.62	1:09:03	9:03	18	20:50	94	33:16	71.02	9:04:38	7:40	22	2:36:05	113	3:38:24
VP13 - Revierförs	6.21	54:42	8:48	23	13:53	119	25:02	77.23	9:59:20	7:45	21	2:49:48	106	4:03:26
VP14 - Brauhaus	6.00	52:04	8:40	18	9:53	96	22:32	83.23	10:51:24	7:49	21	2:59:16	105	4:25:58
VP15 - Gedenkst.	6.90	1:04:06	9:17	27	18:58	122	29:23	90.13	11:55:30	7:56	22	3:13:35	106	4:55:21
VP16 - Königswe	6.87	58:26	8:30	9	9:44	53	24:42	97.00	12:53:56	7:58	22	3:23:19	102	5:20:03
VP17 - Sportplatz	6.20	1:18:05	12:35	29	33:16	136	46:28	103.20	14:12:01	8:15	23	3:55:50	107	6:06:31
VP18 - Osdorfer	6.49	1:05:34	10:06	26	19:13	123	31:37	109.69	15:17:35	8:21	22	4:13:02	105	6:38:08
VP19 - Lichtenrav	5.71	56:07	9:49	24	16:09	112	26:48	115.40	16:13:42	8:26	23	4:26:07	106	7:04:56
VP20 - Kirchhain	4.35	48:35	11:10	20	17:18	108	24:17	119.75	17:02:17	8:32	22	4:39:02	104	7:29:13
VP21 - Buckow	6.15	1:07:02	10:53	23	23:44	117	32:02	125.90	18:09:19	8:39	21	5:00:08	108	8:01:15
VP22 - Rudow	4.97	48:47	9:48	18	11:26	62	27:24	130.87	18:58:06	8:41	21	5:06:59	103	8:21:23
VP23 - Johannistl	5.89	1:11:46	12:11	32	26:04	134	38:05	136.76	20:09:52	8:50	23	5:31:19	111	8:59:28
VP24 - Dammwe	5.64	1:17:56	13:49	38	37:25	173	46:15	142.40	21:27:48	9:02	23	5:58:50	109	9:45:22
VP25 - Eas Side	6.33	1:35:47	15:07	37	47:51	176	58:27	148.73	23:03:35	9:18	22	6:40:49	111	10:41:05
VP26 - Checkpoir	4.22	42:36	10:05	18	12:56	83	19:43	152.95	23:46:11	9:19	22	6:51:24	107	10:59:37
VP27 - Gedenkst.	4.12	59:24	14:25	34	28:17	160	34:41	157.07	24:45:35	9:27	22	7:16:04	109	11:32:37
Friedrich-Ludwig	4.78	55:05	11:31	34	27:07	150	30:42	161.85	25:40:40	9:31	23	7:36:49	110	12:00:29