



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Rehers, HaWe

☐☐: OSC / 100 Marathon Club / DUV / TEA
☐☐: 6

Enduro E Bike

☐☐☐☐:

Senioren M65 (65-69 Jahre)

☐☐☐: 25:44:37

☐☐: - km/h
☐☐☐☐: 9:32 min/km

☐☐☐☐☐/☐☐☐☐: 129 (of 296)

☐☐☐☐☐/☐: 114 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐: 2(of 8)

☐☐☐☐☐☐☐: 23:15:12

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	50:58	7:21	5	10:26	224	6.93	50:58	7:21	5	10:26	224	18:42
VP2 - Laufftreff Li	5.70	42:46	7:30	4	7:58	219	12.63	1:33:44	7:25	4	18:24	223	35:32
VP3 - Oranienbur	5.47	42:24	7:45	4	9:12	219	18.10	2:16:08	7:31	4	27:36	225	54:09
VP4 - Naturschut	4.97	41:58	8:26	4	8:25	199	23.07	2:58:06	7:43	4	36:01	213	1:12:58
VP5 - Frohnau	6.80	53:01	7:47	4	10:25	203	29.87	3:51:07	7:44	4	42:37	213	1:35:35
VP6 - Ruderclub	4.06	45:42	11:15	7	16:51	224	33.93	4:36:49	8:09	5	53:13	218	2:02:48
VP7 - Grenzturm	4.75	39:02	8:13	4	4:07	192	38.68	5:15:51	8:09	5	55:20	214	2:21:02
VP8 - Schönwald	7.53	1:01:33	8:10	3	4:44	151	46.21	6:17:24	8:10	5	56:58	205	2:46:59
VP9 - Falkenseer	5.69	47:16	8:18	2	4:13	129	51.90	7:04:40	8:10	5	56:41	195	3:07:07
VP10 - Karolinenl	6.60	1:00:58	9:14	4	6:02	158	58.50	8:05:38	8:18	4	1:02:43	187	3:37:56
VP11 - Pagel & Fi	4.90	52:17	10:40	4	5:40	182	63.40	8:57:55	8:29	4	1:07:39	181	4:07:28
VP12 - Schloss S	7.62	1:17:02	10:06	1	-	135	71.02	10:14:57	8:39	4	58:49	172	4:48:43
VP13 - Revierförs	6.21	57:43	9:17	3	5:32	151	77.23	11:12:40	8:42	4	1:04:21	170	5:16:46
VP14 - Brauhaus	6.00	55:44	9:17	4	7:56	133	83.23	12:08:24	8:45	4	1:12:17	166	5:42:58
VP15 - Gedenkst.	6.90	1:11:57	10:25	4	14:58	161	90.13	13:20:21	8:52	4	1:27:15	163	6:20:12
VP16 - Königswe	6.87	57:13	8:19	1	-	49	97.00	14:17:34	8:50	3	1:25:06	156	6:43:41
VP17 - Sportplatz	6.20	1:15:08	12:07	3	1:22	121	103.20	15:32:42	9:02	3	1:23:42	152	7:27:12
VP18 - Osdorfer	6.49	1:04:04	9:52	2	8:56	118	109.69	16:36:46	9:05	3	1:32:38	148	7:57:19
VP19 - Lichtenra	5.71	1:01:13	10:43	3	13:09	135	115.40	17:37:59	9:10	3	1:45:47	146	8:29:13
VP20 - Kirchhain	4.35	45:06	10:22	1	-	84	119.75	18:23:05	9:12	3	1:43:02	141	8:50:01
VP21 - Buckow	6.15	1:05:38	10:40	3	7:51	107	125.90	19:28:43	9:16	3	1:50:53	133	9:20:39
VP22 - Rudow	4.97	53:48	10:49	3	4:54	98	130.87	20:22:31	9:20	2	1:55:47	130	9:45:48
VP23 - Johannistl	5.89	52:23	8:53	1	-	37	136.76	21:14:54	9:19	2	1:51:23	123	10:04:30
VP24 - Dammwe	5.64	1:05:26	11:36	5	11:39	124	142.40	22:20:20	9:24	2	2:03:02	120	10:37:54
VP25 - Eas Side	6.33	1:12:56	11:31	4	12:54	108	148.73	23:33:16	9:30	2	2:15:56	118	11:10:46
VP26 - Checkpoir	4.22	40:04	9:29	4	4:08	62	152.95	24:13:20	9:30	2	2:20:04	115	11:26:46
VP27 - Gedenkst.	4.12	44:39	10:50	2	0:42	76	157.07	24:57:59	9:32	2	2:20:46	115	11:45:01
Friedrich-Ludwig	4.78	46:38	9:45	3	8:39	96	-	25:44:37	-	2	2:29:25	114	12:04:26