



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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PATEL, NEHAL

☐☐☐: 25:46:43

☐☐: SURTI RUNNERS

☐☐: 6.25 km/h

☐☐: 220

☐☐☐☐: 9:34 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 130 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 115 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 15(of 22)

Senioren M35 (35-39 Jahre)

☐☐☐☐☐☐☐: 13:40:11

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	46:49	6:45	19	14:33	166	6.93	46:49	6:45	19	14:33	166	14:33
VP2 - Laufftreff Li	5.70	37:10	6:31	15	11:14	121	12.63	1:23:59	6:38	16	25:47	143	25:47
VP3 - Oranienbur	5.47	36:52	6:44	18	13:02	148	18.10	2:00:51	6:40	16	38:49	143	38:52
VP4 - Naturschut	4.97	37:56	7:37	18	14:44	152	23.07	2:38:47	6:52	17	53:33	144	53:39
VP5 - Frohnau	6.80	45:44	6:43	16	15:26	114	29.87	3:24:31	6:50	18	1:08:59	141	1:08:59
VP6 - Ruderclub	4.06	36:44	9:02	19	18:15	174	33.93	4:01:15	7:06	18	1:27:14	146	1:27:14
VP7 - Grenzturm	4.75	38:40	8:08	19	17:52	187	38.68	4:39:55	7:14	18	1:45:06	150	1:45:06
VP8 - Schönwald	7.53	56:40	7:31	15	21:04	111	46.21	5:36:35	7:17	18	2:06:10	142	2:06:10
VP9 - Falkenseer	5.69	50:08	8:48	18	23:00	161	51.90	6:26:43	7:27	18	2:29:10	143	2:29:10
VP10 - Karolinenl	6.60	1:00:11	9:07	16	30:02	151	58.50	7:26:54	7:38	18	2:59:12	143	2:59:12
VP11 - Pagel & Fi	4.90	44:44	9:07	15	21:59	109	63.40	8:11:38	7:45	17	3:21:11	137	3:21:11
VP12 - Schloss S	7.62	1:25:04	11:09	18	49:17	170	71.02	9:36:42	8:07	17	4:10:28	141	4:10:28
VP13 - Revierförs	6.21	46:37	7:30	5	16:57	41	77.23	10:23:19	8:04	17	4:27:25	133	4:27:25
VP14 - Brauhaus	6.00	49:11	8:11	4	19:39	64	83.23	11:12:30	8:04	17	4:47:04	123	4:47:04
VP15 - Gedenkst.	6.90	1:21:39	11:50	20	46:56	208	90.13	12:34:09	8:22	16	5:34:00	133	5:34:00
VP16 - Königswe	6.87	1:00:14	8:46	9	26:30	67	97.00	13:34:23	8:23	15	6:00:30	126	6:00:30
VP17 - Sportplatz	6.20	52:31	8:28	5	20:54	30	103.20	14:26:54	8:24	15	6:21:24	115	6:21:24
VP18 - Osdorfer	6.49	1:24:18	12:59	17	50:21	185	109.69	15:51:12	8:40	15	7:11:45	125	7:11:45
VP19 - Lichtenra	5.71	48:50	8:33	9	19:31	62	115.40	16:40:02	8:39	15	7:31:16	123	7:31:16
VP20 - Kirchhain	4.35	34:03	7:49	5	9:45	26	119.75	17:14:05	8:38	15	7:41:01	116	7:41:01
VP21 - Buckow	6.15	1:07:00	10:53	14	32:00	116	125.90	18:21:05	8:44	15	8:13:01	115	8:13:01
VP22 - Rudow	4.97	1:01:27	12:21	17	32:48	150	130.87	19:22:32	8:52	15	8:45:49	117	8:45:49
VP23 - Johannistl	5.89	1:06:16	11:15	13	32:35	113	136.76	20:28:48	8:59	15	9:18:24	116	9:18:24
VP24 - Dammwe	5.64	1:15:04	13:18	15	43:02	163	142.40	21:43:52	9:09	15	10:01:26	114	10:01:26
VP25 - Eas Side	6.33	1:22:42	13:03	16	42:38	155	148.73	23:06:34	9:19	15	10:44:04	112	10:44:04
VP26 - Checkpoir	4.22	57:25	13:36	17	33:21	171	152.95	24:03:59	9:26	15	11:17:25	114	11:17:25
VP27 - Gedenkst.	4.12	47:05	11:25	7	20:41	89	157.07	24:51:04	9:29	15	11:38:06	113	11:38:06
Friedrich-Ludwig	4.78	55:39	11:38	16	28:26	153	161.85	25:46:43	9:33	15	12:06:32	115	12:06:32