



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Hopp, Ulrich

☐☐☐: 25:49:46

☐☐: ohne

☐☐: 6.23 km/h

☐☐: 239

☐☐☐☐: 9:35 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 133 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 118 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 11(of 32)

Senioren M55 (55-59 Jahre)

☐☐☐☐☐☐☐: 16:59:31

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	48:34	7:00	23	13:21	191	6.93	48:34	7:00	23	13:21	191	16:18
VP2 - Laufftreff Li	5.70	41:09	7:13	24	10:58	194	12.63	1:29:43	7:06	24	24:19	198	31:31
VP3 - Oranienbur	5.47	39:21	7:11	23	10:40	189	18.10	2:09:04	7:07	23	34:59	194	47:05
VP4 - Naturschut	4.97	42:06	8:28	25	13:42	201	23.07	2:51:10	7:25	24	48:41	196	1:06:02
VP5 - Frohnau	6.80	51:52	7:37	20	15:25	191	29.87	3:43:02	7:28	24	1:04:06	199	1:27:30
VP6 - Ruderclub	4.06	36:24	8:57	17	13:02	168	33.93	4:19:26	7:38	20	1:17:08	192	1:45:25
VP7 - Grenzturm	4.75	39:46	8:22	22	13:17	198	38.68	4:59:12	7:44	19	1:30:25	188	2:04:23
VP8 - Schönwald	7.53	1:02:25	8:17	15	19:43	157	46.21	6:01:37	7:49	19	1:50:08	185	2:31:12
VP9 - Falkenseer	5.69	56:03	9:51	22	22:19	198	51.90	6:57:40	8:02	20	2:12:27	185	3:00:07
VP10 - Karolinenl	6.60	56:26	8:33	11	18:12	120	58.50	7:54:06	8:06	17	2:30:39	175	3:26:24
VP11 - Pagel & Fi	4.90	45:29	9:16	14	13:03	118	63.40	8:39:35	8:11	17	2:43:24	168	3:49:08
VP12 - Schloss S	7.62	1:09:25	9:06	11	23:40	97	71.02	9:49:00	8:17	15	3:07:04	151	4:22:46
VP13 - Revierförs	6.21	56:21	9:04	15	14:51	135	77.23	10:45:21	8:21	15	3:21:55	150	4:49:27
VP14 - Brauhaus	6.00	56:23	9:23	16	17:11	143	83.23	11:41:44	8:25	15	3:39:06	145	5:16:18
VP15 - Gedenkst.	6.90	1:17:51	11:16	22	34:41	191	90.13	12:59:35	8:38	17	4:13:38	154	5:59:26
VP16 - Königswe	6.87	1:04:33	9:23	13	19:36	111	97.00	14:04:08	8:42	17	4:29:01	150	6:30:15
VP17 - Sportplatz	6.20	52:50	8:31	3	9:57	31	103.20	14:56:58	8:41	12	4:37:11	130	6:51:28
VP18 - Osdorfer	6.49	1:15:32	11:38	19	35:33	169	109.69	16:12:30	8:51	12	5:12:44	137	7:33:03
VP19 - Lichtenra	5.71	54:54	9:36	12	18:15	106	115.40	17:07:24	8:54	12	5:30:59	133	7:58:38
VP20 - Kirchhain	4.35	46:21	10:39	10	18:13	94	119.75	17:53:45	8:57	12	5:49:12	129	8:20:41
VP21 - Buckow	6.15	1:02:40	10:11	10	21:41	93	125.90	18:56:25	9:01	12	6:10:53	121	8:48:21
VP22 - Rudow	4.97	59:05	11:53	14	26:38	130	130.87	19:55:30	9:08	12	6:37:31	121	9:18:47
VP23 - Johannistl	5.89	1:08:25	11:36	13	30:35	122	136.76	21:03:55	9:14	12	7:08:06	122	9:53:31
VP24 - Dammwe	5.64	1:08:21	12:07	16	32:20	140	142.40	22:12:16	9:21	11	7:40:26	118	10:29:50
VP25 - Eas Side	6.33	1:20:00	12:38	15	34:24	145	148.73	23:32:16	9:29	11	8:14:28	117	11:09:46
VP26 - Checkpoir	4.22	45:16	10:43	10	17:57	110	152.95	24:17:32	9:31	11	8:19:12	118	11:30:58
VP27 - Gedenkst.	4.12	45:12	10:58	6	13:17	82	157.07	25:02:44	9:34	11	8:32:29	118	11:49:46
Friedrich-Ludwig	4.78	47:02	9:50	10	19:29	99	161.85	25:49:46	9:34	11	8:50:15	118	12:09:35