



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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Hopp, Ulrich

☐☐☐: 25:49:46

☐☐: ohne

☐☐: 6.23 km/h

☐☐: 239

☐☐☐☐: 9:35 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 133 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 118 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 11(of 32)

Senioren M55 (55-59 Jahre)

☐☐☐☐☐☐☐: 16:59:31

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| ☐☐☐ | ☐☐ km | ☐☐ ☐☐ min/km | ☐☐ - | ☐☐ - | ☐☐ ☐ | ☐☐ ☐ | ☐☐☐ km | ☐☐☐ ☐☐ min/km | ☐☐☐ - | ☐☐☐ - | ☐☐☐ ☐ | ☐☐☐ ☐ | |
|---------------------|----------|-----------------|---------|---------|---------|---------|-----------|------------------|----------|----------|----------|----------|----------|
| VP1 - S-Bahnhof | 6.93 | 48:34 | 7:00 | 23 | 13:21 | 191 | 6.93 | 48:34 | 7:00 | 23 | 13:21 | 191 | 16:18 |
| VP2 - Laufftreff Li | 5.70 | 41:09 | 7:13 | 24 | 10:58 | 194 | 12.63 | 1:29:43 | 7:06 | 24 | 24:19 | 198 | 31:31 |
| VP3 - Oranienbur | 5.47 | 39:21 | 7:11 | 23 | 10:40 | 189 | 18.10 | 2:09:04 | 7:07 | 23 | 34:59 | 194 | 47:05 |
| VP4 - Naturschut | 4.97 | 42:06 | 8:28 | 25 | 13:42 | 201 | 23.07 | 2:51:10 | 7:25 | 24 | 48:41 | 196 | 1:06:02 |
| VP5 - Frohnau | 6.80 | 51:52 | 7:37 | 20 | 15:25 | 191 | 29.87 | 3:43:02 | 7:28 | 24 | 1:04:06 | 199 | 1:27:30 |
| VP6 - Ruderclub | 4.06 | 36:24 | 8:57 | 17 | 13:02 | 168 | 33.93 | 4:19:26 | 7:38 | 20 | 1:17:08 | 192 | 1:45:25 |
| VP7 - Grenzturm | 4.75 | 39:46 | 8:22 | 22 | 13:17 | 198 | 38.68 | 4:59:12 | 7:44 | 19 | 1:30:25 | 188 | 2:04:23 |
| VP8 - Schönwald | 7.53 | 1:02:25 | 8:17 | 15 | 19:43 | 157 | 46.21 | 6:01:37 | 7:49 | 19 | 1:50:08 | 185 | 2:31:12 |
| VP9 - Falkenseer | 5.69 | 56:03 | 9:51 | 22 | 22:19 | 198 | 51.90 | 6:57:40 | 8:02 | 20 | 2:12:27 | 185 | 3:00:07 |
| VP10 - Karolinenl | 6.60 | 56:26 | 8:33 | 11 | 18:12 | 120 | 58.50 | 7:54:06 | 8:06 | 17 | 2:30:39 | 175 | 3:26:24 |
| VP11 - Pagel & Fi | 4.90 | 45:29 | 9:16 | 14 | 13:03 | 118 | 63.40 | 8:39:35 | 8:11 | 17 | 2:43:24 | 168 | 3:49:08 |
| VP12 - Schloss S | 7.62 | 1:09:25 | 9:06 | 11 | 23:40 | 97 | 71.02 | 9:49:00 | 8:17 | 15 | 3:07:04 | 151 | 4:22:46 |
| VP13 - Revierförs | 6.21 | 56:21 | 9:04 | 15 | 14:51 | 135 | 77.23 | 10:45:21 | 8:21 | 15 | 3:21:55 | 150 | 4:49:27 |
| VP14 - Brauhaus | 6.00 | 56:23 | 9:23 | 16 | 17:11 | 143 | 83.23 | 11:41:44 | 8:25 | 15 | 3:39:06 | 145 | 5:16:18 |
| VP15 - Gedenkst. | 6.90 | 1:17:51 | 11:16 | 22 | 34:41 | 191 | 90.13 | 12:59:35 | 8:38 | 17 | 4:13:38 | 154 | 5:59:26 |
| VP16 - Königswe | 6.87 | 1:04:33 | 9:23 | 13 | 19:36 | 111 | 97.00 | 14:04:08 | 8:42 | 17 | 4:29:01 | 150 | 6:30:15 |
| VP17 - Sportplatz | 6.20 | 52:50 | 8:31 | 3 | 9:57 | 31 | 103.20 | 14:56:58 | 8:41 | 12 | 4:37:11 | 130 | 6:51:28 |
| VP18 - Osdorfer | 6.49 | 1:15:32 | 11:38 | 19 | 35:33 | 169 | 109.69 | 16:12:30 | 8:51 | 12 | 5:12:44 | 137 | 7:33:03 |
| VP19 - Lichtenrav | 5.71 | 54:54 | 9:36 | 12 | 18:15 | 106 | 115.40 | 17:07:24 | 8:54 | 12 | 5:30:59 | 133 | 7:58:38 |
| VP20 - Kirchhain | 4.35 | 46:21 | 10:39 | 10 | 18:13 | 94 | 119.75 | 17:53:45 | 8:57 | 12 | 5:49:12 | 129 | 8:20:41 |
| VP21 - Buckow | 6.15 | 1:02:40 | 10:11 | 10 | 21:41 | 93 | 125.90 | 18:56:25 | 9:01 | 12 | 6:10:53 | 121 | 8:48:21 |
| VP22 - Rudow | 4.97 | 59:05 | 11:53 | 14 | 26:38 | 130 | 130.87 | 19:55:30 | 9:08 | 12 | 6:37:31 | 121 | 9:18:47 |
| VP23 - Johannistl | 5.89 | 1:08:25 | 11:36 | 13 | 30:35 | 122 | 136.76 | 21:03:55 | 9:14 | 12 | 7:08:06 | 122 | 9:53:31 |
| VP24 - Dammwe | 5.64 | 1:08:21 | 12:07 | 16 | 32:20 | 140 | 142.40 | 22:12:16 | 9:21 | 11 | 7:40:26 | 118 | 10:29:50 |
| VP25 - Eas Side | 6.33 | 1:20:00 | 12:38 | 15 | 34:24 | 145 | 148.73 | 23:32:16 | 9:29 | 11 | 8:14:28 | 117 | 11:09:46 |
| VP26 - Checkpoir | 4.22 | 45:16 | 10:43 | 10 | 17:57 | 110 | 152.95 | 24:17:32 | 9:31 | 11 | 8:19:12 | 118 | 11:30:58 |
| VP27 - Gedenkst. | 4.12 | 45:12 | 10:58 | 6 | 13:17 | 82 | 157.07 | 25:02:44 | 9:34 | 11 | 8:32:29 | 118 | 11:49:46 |
| Friedrich-Ludwig | 4.78 | 47:02 | 9:50 | 10 | 19:29 | 99 | 161.85 | 25:49:46 | 9:34 | 11 | 8:50:15 | 118 | 12:09:35 |