



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Steinicke, Thomas

☐☐: SGW 05 Berlin

☐☐: 80

☐☐: 161.85 km
100MeilenBerlin

☐☐☐☐:
Senioren M55 (55-59 Jahre)

☐☐☐☐☐/☐☐☐☐: DNF (of 296)

☐☐☐☐☐/☐☐: DNF (of 247)

☐☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐☐: DNF(of 32)

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	49:06	7:05	24	13:53	198	6.93	49:06	7:05	24	13:53	198	16:50
VP2 - Laufftreff Li	5.70	39:33	6:56	20	9:22	169	12.63	1:28:39	7:01	23	23:15	189	30:27
VP3 - Oranienbur	5.47	39:00	7:07	20	10:19	176	18.10	2:07:39	7:03	20	33:34	182	45:40
VP4 - Naturschut	4.97	42:48	8:36	27	14:24	205	23.07	2:50:27	7:23	21	47:58	191	1:05:19
VP5 - Frohnau	6.80	51:09	7:31	19	14:42	184	29.87	3:41:36	7:25	21	1:02:40	195	1:26:04
VP6 - Ruderclub	4.06	33:29	8:14	13	10:07	130	33.93	4:15:05	7:31	17	1:12:47	178	1:41:04
VP7 - Grenzturm	4.75	33:44	7:06	12	7:15	112	38.68	4:48:49	7:28	18	1:20:02	167	1:54:00
VP8 - Schönwald	7.53	1:09:33	9:14	21	26:51	202	46.21	5:58:22	7:45	18	1:46:53	180	2:27:57
VP9 - Falkenseer	5.69	49:50	8:45	16	16:06	154	51.90	6:48:12	7:51	18	2:02:59	176	2:50:39
VP10 - Karolinenl	6.60	1:29:55	13:37	27	51:41	231	58.50	8:18:07	8:30	20	2:54:40	195	3:50:25
VP11 - Pagel & Fi	4.90	46:45	9:32	16	14:19	126	63.40	9:04:52	8:35	20	3:08:41	186	4:14:25
VP12 - Schloss S	7.62	1:29:38	11:45	19	43:53	189	71.02	10:34:30	8:56	20	3:52:34	186	5:08:16
VP13 - Revierförs	6.21	59:06	9:31	17	17:36	163	77.23	11:33:36	8:58	20	4:10:10	185	5:37:42
VP14 - Brauhaus	6.00	1:02:37	10:26	20	23:25	177	83.23	12:36:13	9:05	20	4:33:35	183	6:10:47
VP15 - Gedenkst.	6.90	1:12:13	10:27	17	29:03	162	90.13	13:48:26	9:11	19	5:02:29	180	6:48:17
VP16 - Königswe	6.87	1:29:46	13:03	26	44:49	207	97.00	15:18:12	9:27	20	5:43:05	185	7:44:19
VP17 - Sportplatz	6.20	1:09:14	11:09	11	26:21	95	103.20	16:27:26	9:34	19	6:07:39	171	8:21:56
VP18 - Osdorfer	6.49	1:46:12	16:21	23	1:06:13	200	109.69	18:13:38	9:58	19	7:13:52	183	9:34:11
VP19 - Lichtenra	5.71	53:27	9:21	9	16:48	95	115.40	19:07:05	9:56	17	7:30:40	173	9:58:19
VP20 - Kirchhain	4.35	55:43	12:48	16	27:35	155	119.75	20:02:48	10:02	16	7:58:15	170	10:29:44
VP21 - Buckow	6.15	1:08:58	11:12	14	27:59	124	125.90	21:11:46	10:06	16	8:26:14	168	11:03:42
VP22 - Rudow	4.97	2:02:49	24:42	21	1:30:22	188	130.87	23:14:35	10:39	18	9:56:36	177	12:37:52
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	136.76	-	-	-	-	-	-
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	142.40	-	-	-	-	-	-
VP25 - Eas Side	6.33	fehlt!	-	-	-	-	148.73	-	-	-	-	-	-
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	152.95	-	-	-	-	-	-
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	157.07	-	-	-	-	-	-
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	161.85	-	-	-	-	-	-