



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Porstner, Crispin

☐☐: Bremen

☐☐: 37

☐☐: 161.85 km
100MeilenBerlin

☐☐☐☐:
Männer (20-29 Jahre)

☐☐☐☐☐/☐☐☐☐: DNF (of 296)

☐☐☐☐☐/☐☐: DNF (of 247)

☐☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐☐: DNF(of 13)

☐☐☐☐☐☐☐☐☐: 19:43:18

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☐☐☐	☐☐ km	☐☐ ☐☐	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐	☐☐☐ ☐☐	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	50:39	7:18	11	12:37	222	18:23	6.93	50:39	7:18	11	12:37	222	18:23
VP2 - Laufftreff Li	5.70	41:20	7:15	11	9:35	196	15:24	12.63	1:31:59	7:16	11	21:40	210	33:47
VP3 - Oranienbur	5.47	40:10	7:20	12	10:06	202	16:24	18.10	2:12:09	7:18	12	31:46	205	50:10
VP4 - Naturschut	4.97	47:20	9:31	12	19:00	232	24:11	23.07	2:59:29	7:46	12	50:46	219	1:14:21
VP5 - Frohnau	6.80	49:26	7:16	10	8:43	166	19:08	29.87	3:48:55	7:39	12	59:29	209	1:33:23
VP6 - Ruderclub	4.06	39:02	9:36	12	12:43	194	20:33	33.93	4:27:57	7:53	12	1:10:44	204	1:53:56
VP7 - Grenzturm	4.75	38:15	8:03	11	8:46	183	17:27	38.68	5:06:12	7:54	12	1:18:46	200	2:11:23
VP8 - Schönwald	7.53	1:06:40	8:51	11	19:36	192	31:04	46.21	6:12:52	8:04	12	1:36:26	198	2:42:27
VP9 - Falkenseer	5.69	54:48	9:37	11	18:35	187	27:40	51.90	7:07:40	8:14	12	1:55:01	199	3:10:07
VP10 - Karolinenl	6.60	1:14:32	11:17	12	30:22	220	44:23	58.50	8:22:12	8:35	12	2:25:23	199	3:54:30
VP11 - Pagel & Fi	4.90	47:06	9:36	7	13:41	131	24:21	63.40	9:09:18	8:39	12	2:39:04	192	4:18:51
VP12 - Schloss S	7.62	1:43:38	13:36	11	48:13	216	1:07:51	71.02	10:52:56	9:11	12	3:23:21	194	5:26:42
VP13 - Revierförs	6.21	1:02:32	10:04	6	17:15	181	32:52	77.23	11:55:28	9:15	12	3:40:36	195	5:59:34
VP14 - Brauhaus	6.00	55:42	9:16	7	12:32	131	26:10	83.23	12:51:10	9:15	12	3:51:35	193	6:25:44
VP15 - Gedenkst.	6.90	1:13:11	10:36	8	22:32	170	38:28	90.13	14:04:21	9:22	9	4:14:07	190	7:04:12
VP16 - Königswe	6.87	1:13:29	10:41	7	20:11	162	39:45	97.00	15:17:50	9:27	8	4:34:18	184	7:43:57
VP17 - Sportplatz	6.20	1:35:39	15:25	8	45:11	190	1:04:02	103.20	16:53:29	9:49	8	5:19:29	185	8:47:59
VP18 - Osdorfer !	6.49	1:13:23	11:18	7	24:42	158	39:26	109.69	18:06:52	9:54	7	5:44:11	177	9:27:25
VP19 - Lichtenra	5.71	fehlt!	-	-	-	-	-	115.40	-	-	-	-	-	-
VP20 - Kirchhain	4.35	fehlt!	-	-	-	-	-	119.75	-	-	-	-	-	-
VP21 - Buckow	6.15	fehlt!	-	-	-	-	-	125.90	-	-	-	-	-	-
VP22 - Rudow	4.97	fehlt!	-	-	-	-	-	130.87	-	-	-	-	-	-
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	-	136.76	-	-	-	-	-	-
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	-	142.40	-	-	-	-	-	-
VP25 - Eas Side (6.33	fehlt!	-	-	-	-	-	148.73	-	-	-	-	-	-
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	-	152.95	-	-	-	-	-	-
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	-	157.07	-	-	-	-	-	-
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	-	161.85	-	-	-	-	-	-