



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

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Deja, Marco

□□: Didakt

□□: 111

□□: 161.85 km
100MeilenBerlin

□□□□:
Senioren M55 (55-59 Jahre)

□□□□□/□□□: DNF (of 296)

□□□□□/□: DNF (of 247)

□□□□□□: 13:40:11

□□□□□: DNF(of 32)

□□□□□□□: 16:59:31

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - S-Bahnhof	6.93	50:24	7:16	26	15:11	219	18:08	6.93	50:24	7:16	26	15:11	219	18:08	
VP2 - Laufftreff Li	5.70	43:03	7:33	28	12:52	222	17:07	12.63	1:33:27	7:23	27	28:03	221	35:15	
VP3 - Oranienbur	5.47	40:01	7:18	25	11:20	199	16:15	18.10	2:13:28	7:22	28	39:23	215	51:29	
VP4 - Naturschut	4.97	38:31	7:44	18	10:07	166	15:22	23.07	2:51:59	7:27	26	49:30	198	1:06:51	
VP5 - Frohnau	6.80	50:15	7:23	17	13:48	176	19:57	29.87	3:42:14	7:26	22	1:03:18	196	1:26:42	
VP6 - Ruderclub	4.06	29:49	7:20	9	6:27	88	11:20	33.93	4:12:03	7:25	15	1:09:45	169	1:38:02	
VP7 - Grenzturm	4.75	35:15	7:25	15	8:46	141	14:27	38.68	4:47:18	7:25	16	1:18:31	164	1:52:29	
VP8 - Schönwald	7.53	1:08:17	9:04	20	25:35	195	32:41	46.21	5:55:35	7:41	17	1:44:06	175	2:25:10	
VP9 - Falkenseer	5.69	48:56	8:35	14	15:12	145	21:48	51.90	6:44:31	7:47	17	1:59:18	167	2:46:58	
VP10 - Karolinenl	6.60	58:03	8:47	12	19:49	134	27:54	58.50	7:42:34	7:54	15	2:19:07	161	3:14:52	
VP11 - Pagel & Fi	4.90	46:48	9:33	17	14:22	127	24:03	63.40	8:29:22	8:02	15	2:33:11	155	3:38:55	
VP12 - Schloss S	7.62	1:16:05	9:59	13	30:20	130	40:18	71.02	9:45:27	8:14	14	3:03:31	148	4:19:13	
VP13 - Revierförs	6.21	54:12	8:43	13	12:42	114	24:32	77.23	10:39:39	8:16	14	3:16:13	145	4:43:45	
VP14 - Brauhaus	6.00	52:37	8:46	11	13:25	102	23:05	83.23	11:32:16	8:19	14	3:29:38	141	5:06:50	
VP15 - Gedenkst.	6.90	1:00:02	8:42	10	16:52	94	25:19	90.13	12:32:18	8:20	13	3:46:21	130	5:32:09	
VP16 - Königswe	6.87	1:17:19	11:15	21	32:22	177	43:35	97.00	13:49:37	8:33	14	4:14:30	137	6:15:44	
VP17 - Sportplatz	6.20	1:11:16	11:29	12	28:23	102	39:39	103.20	15:00:53	8:43	13	4:41:06	135	6:55:23	
VP18 - Osdorfer !	6.49	fehlt!	-	-	-	-	-	109.69	-	-	-	-	-	-	
VP19 - Lichtenra	5.71	fehlt!	-	-	-	-	-	115.40	-	-	-	-	-	-	
VP20 - Kirchhain	4.35	fehlt!	-	-	-	-	-	119.75	-	-	-	-	-	-	
VP21 - Buckow	6.15	fehlt!	-	-	-	-	-	125.90	-	-	-	-	-	-	
VP22 - Rudow	4.97	fehlt!	-	-	-	-	-	130.87	-	-	-	-	-	-	
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	-	136.76	-	-	-	-	-	-	
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	-	142.40	-	-	-	-	-	-	
VP25 - Eas Side (6.33	fehlt!	-	-	-	-	-	148.73	-	-	-	-	-	-	
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	-	152.95	-	-	-	-	-	-	
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	-	157.07	-	-	-	-	-	-	
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	-	161.85	-	-	-	-	-	-	