



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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## Saga, Sascha

☐☐: Spandau

☐☐: 28

☐☐: 161.85 km  
100MeilenBerlin

☐☐☐☐:  
Senioren M45 (45-49 Jahre)

☐☐☐☐☐/☐☐☐☐: DNF (of 296)

☐☐☐☐☐/☐☐: DNF (of 247)

☐☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐☐: DNF(of 53)

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	44:08	6:22	28	11:52	111	11:52	6.93	44:08	6:22	28	11:52	111	11:52
VP2 - Laufftreff Li	5.70	35:34	6:14	23	9:38	95	9:38	12.63	1:19:42	6:18	24	21:29	99	21:30
VP3 - Oranienbur	5.47	35:48	6:32	28	12:02	121	12:02	18.10	1:55:30	6:22	26	33:31	103	33:31
VP4 - Naturschut	4.97	44:43	8:59	47	21:34	220	21:34	23.07	2:40:13	6:56	36	55:05	157	55:05
VP5 - Frohnau	6.80	51:21	7:33	43	20:55	185	21:03	29.87	3:31:34	7:04	39	1:16:00	164	1:16:02
VP6 - Ruderclub	4.06	37:49	9:18	43	19:19	186	19:20	33.93	4:09:23	7:20	38	1:35:19	162	1:35:22
VP7 - Grenzturm	4.75	46:32	9:47	47	24:14	228	25:44	38.68	4:55:55	7:39	43	1:59:33	185	2:01:06
VP8 - Schönwald	7.53	1:11:44	9:31	46	33:59	214	36:08	46.21	6:07:39	7:57	44	2:33:32	194	2:37:14
VP9 - Falkenseer	5.69	1:12:15	12:41	48	41:43	231	45:07	51.90	7:19:54	8:28	44	3:15:15	208	3:22:21
VP10 - Karolinenl	6.60	1:13:13	11:05	46	38:11	218	43:04	58.50	8:33:07	8:46	43	3:50:35	207	4:05:25
VP11 - Pagel & Fi	4.90	45:30	9:17	28	18:48	119	22:45	63.40	9:18:37	8:48	43	4:09:14	198	4:28:10
VP12 - Schloss S	7.62	1:40:33	13:11	45	57:07	211	1:04:46	71.02	10:59:10	9:16	43	5:06:12	201	5:32:56
VP13 - Revierförs	6.21	55:32	8:56	32	20:18	126	25:52	77.23	11:54:42	9:15	42	5:25:01	194	5:58:48
VP14 - Brauhaus	6.00	1:01:28	10:14	37	27:16	168	31:56	83.23	12:56:10	9:19	41	5:48:34	196	6:30:44
VP15 - Gedenkst.	6.90	1:29:00	12:53	46	52:52	215	54:17	90.13	14:25:10	9:35	42	6:31:34	199	7:25:01
VP16 - Königswe	6.87	1:25:51	12:29	45	41:02	202	52:07	97.00	15:51:01	9:48	42	7:09:08	198	8:17:08
VP17 - Sportplatz	6.20	2:42:21	26:11	46	2:07:45	214	2:10:44	103.20	18:33:22	10:47	46	9:14:22	213	10:27:52
VP18 - Osdorfer !	6.49	fehlt!	-	-	-	-	-	109.69	-	-	-	-	-	-
VP19 - Lichtenra	5.71	fehlt!	-	-	-	-	-	115.40	-	-	-	-	-	-
VP20 - Kirchhain	4.35	fehlt!	-	-	-	-	-	119.75	-	-	-	-	-	-
VP21 - Buckow	6.15	fehlt!	-	-	-	-	-	125.90	-	-	-	-	-	-
VP22 - Rudow	4.97	fehlt!	-	-	-	-	-	130.87	-	-	-	-	-	-
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	-	136.76	-	-	-	-	-	-
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	-	142.40	-	-	-	-	-	-
VP25 - Eas Side (	6.33	fehlt!	-	-	-	-	-	148.73	-	-	-	-	-	-
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	-	152.95	-	-	-	-	-	-
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	-	157.07	-	-	-	-	-	-
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	-	161.85	-	-	-	-	-	-