



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Vigen, Hans

☐☐: Frøs

☐☐: 83

☐☐: 161.85 km
100MeilenBerlin

☐☐☐☐:
Senioren M40 (40-44 Jahre)

☐☐☐☐☐/☐☐☐☐: DNF (of 296)

☐☐☐☐☐/☐☐: DNF (of 247)

☐☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐☐: DNF(of 38)

☐☐☐☐☐☐☐☐☐: 15:35:03

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐		
VP1 - S-Bahnhof	6.93	38:17	5:31	9	5:38	32	6:01	6.93	38:17	5:31	9	5:38	32	6:01
VP2 - Laufftreff Li	5.70	35:02	6:08	21	7:31	91	9:06	12.63	1:13:19	5:48	14	13:09	54	15:07
VP3 - Oranienbur	5.47	40:02	7:19	33	15:04	200	16:16	18.10	1:53:21	6:15	21	28:13	93	31:22
VP4 - Naturschut	4.97	38:08	7:40	30	12:30	158	14:59	23.07	2:31:29	6:33	21	40:43	101	46:21
VP5 - Frohnau	6.80	49:11	7:13	31	17:13	165	18:53	29.87	3:20:40	6:43	23	57:56	121	1:05:08
VP6 - Ruderclub	4.06	43:19	10:40	35	23:40	215	24:50	33.93	4:03:59	7:11	29	1:21:36	153	1:29:58
VP7 - Grenzturm	4.75	37:25	7:52	32	14:47	173	16:37	38.68	4:41:24	7:16	30	1:36:23	153	1:46:35
VP8 - Schönwald	7.53	1:08:42	9:07	33	30:57	200	33:06	46.21	5:50:06	7:34	30	2:07:20	164	2:19:41
VP9 - Falkenseer	5.69	43:15	7:36	15	13:06	82	16:07	51.90	6:33:21	7:34	30	2:20:26	155	2:35:48
VP10 - Karolinenl	6.60	55:02	8:20	19	20:30	104	24:53	58.50	7:28:23	7:39	28	2:40:56	146	3:00:41
VP11 - Pagel & Fi	4.90	50:08	10:13	26	22:55	162	27:23	63.40	8:18:31	7:51	28	3:03:51	142	3:28:04
VP12 - Schloss S	7.62	1:35:37	12:32	33	51:50	205	59:50	71.02	9:54:08	8:21	29	3:55:41	155	4:27:54
VP13 - Revierförs	6.21	1:00:16	9:42	29	22:58	175	30:36	77.23	10:54:24	8:28	30	4:18:39	156	4:58:30
VP14 - Brauhaus	6.00	49:40	8:16	11	12:18	70	20:08	83.23	11:44:04	8:27	28	4:30:57	148	5:18:38
VP15 - Gedenkst.	6.90	1:03:30	9:12	23	23:36	118	28:47	90.13	12:47:34	8:30	28	4:54:33	145	5:47:25
VP16 - Königswe	6.87	1:05:47	9:34	19	24:58	124	32:03	97.00	13:53:21	8:35	28	5:19:31	143	6:19:28
VP17 - Sportplatz	6.20	1:43:36	16:42	32	1:04:24	201	1:11:59	103.20	15:36:57	9:04	28	6:23:55	156	7:31:27
VP18 - Osdorfer !	6.49	fehlt!	-	-	-	-	-	109.69	-	-	-	-	-	-
VP19 - Lichtenra	5.71	fehlt!	-	-	-	-	-	115.40	-	-	-	-	-	-
VP20 - Kirchhain	4.35	fehlt!	-	-	-	-	-	119.75	-	-	-	-	-	-
VP21 - Buckow	6.15	fehlt!	-	-	-	-	-	125.90	-	-	-	-	-	-
VP22 - Rudow	4.97	fehlt!	-	-	-	-	-	130.87	-	-	-	-	-	-
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	-	136.76	-	-	-	-	-	-
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	-	142.40	-	-	-	-	-	-
VP25 - Eas Side (6.33	fehlt!	-	-	-	-	-	148.73	-	-	-	-	-	-
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	-	152.95	-	-	-	-	-	-
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	-	157.07	-	-	-	-	-	-
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	-	161.85	-	-	-	-	-	-