



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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Team Meldeläufer

☐☐: Team Meldeläufer

☐☐: 1014

☐☐: 161.85 km

100MeilenBerlin10er-Staffel

☐☐☐☐:

10er+ Staffel

☐☐☐: 14:49:00

☐☐: 10.87 km/h

☐☐☐☐: 5:29 min/km

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐☐☐	☐☐ ☐☐☐	☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐☐☐	☐☐☐ ☐☐☐	
VP1 - S-Bahnhof	6.93	44:30	6:25	15	17:00	15	17:00	6.93	44:30	6:25	15	17:00	15	17:00
VP2 - Laufftreff Li	5.70	27:20	4:47	4	2:55	4	2:55	12.63	1:11:50	5:41	8	19:55	8	19:55
VP3 - Oranienbur	5.47	26:32	4:51	3	2:56	3	2:56	18.10	1:38:22	5:26	8	22:51	8	22:51
VP4 - Naturschut	4.97	27:44	5:34	5	3:25	5	3:25	23.07	2:06:06	5:27	8	26:01	8	26:01
VP5 - Frohnau	6.80	35:39	5:14	5	2:08	5	2:08	29.87	2:41:45	5:24	7	27:51	7	27:51
VP6 - Ruderclub	4.06	22:16	5:29	5	2:56	5	2:56	33.93	3:04:01	5:25	5	29:44	5	29:44
VP7 - Grenzturm	4.75	24:46	5:12	6	5:51	6	5:51	38.68	3:28:47	5:23	4	35:35	4	35:35
VP8 - Schönwald	7.53	34:44	4:36	2	3:21	2	3:21	46.21	4:03:31	5:16	3	38:56	3	38:56
VP9 - Falkenseer	5.69	26:18	4:37	3	2:45	3	2:45	51.90	4:29:49	5:11	4	41:41	4	41:41
VP10 - Karolinenl	6.60	31:06	4:42	1	-	1	-	58.50	5:00:55	5:08	3	41:10	3	41:10
VP11 - Pagel & Fi	4.90	34:53	7:07	12	12:24	12	12:24	63.40	5:35:48	5:17	4	51:44	4	51:44
VP12 - Schloss S	7.62	54:43	7:10	11	18:34	11	18:34	71.02	6:30:31	5:29	4	1:07:32	4	1:07:32
VP13 - Revierförs	6.21	25:11	4:03	2	1:24	2	1:24	77.23	6:55:42	5:22	4	1:02:47	4	1:02:47
VP14 - Brauhaus	6.00	26:27	4:24	2	3:07	2	3:07	83.23	7:22:09	5:18	4	58:45	4	58:45
VP15 - Gedenkst.	6.90	30:08	4:22	2	0:19	2	0:19	90.13	7:52:17	5:14	4	56:03	4	56:03
VP16 - Königswe	6.87	29:38	4:18	1	-	1	-	97.00	8:21:55	5:10	4	52:05	4	52:05
VP17 - Sportplatz	6.20	26:17	4:14	1	-	1	-	103.20	8:48:12	5:07	3	50:52	3	50:52
VP18 - Osdorfer	6.49	36:16	5:35	8	6:58	8	6:58	109.69	9:24:28	5:08	3	53:46	3	53:46
VP19 - Lichtenra	5.71	33:07	5:47	8	9:36	8	9:36	115.40	9:57:35	5:10	3	58:46	3	58:46
VP20 - Kirchhain	4.35	21:05	4:50	3	1:48	3	1:48	119.75	10:18:40	5:09	3	59:54	3	59:54
VP21 - Buckow	6.15	30:31	4:57	3	2:23	3	2:23	125.90	10:49:11	5:09	3	1:00:31	3	1:00:31
VP22 - Rudow	4.97	24:55	5:00	3	1:05	3	1:05	130.87	11:14:06	5:09	3	1:01:28	3	1:01:28
VP23 - Johannistl	5.89	29:51	5:04	7	6:27	7	6:27	136.76	11:43:57	5:08	3	59:26	3	59:26
VP24 - Dammwe	5.64	33:20	5:54	11	10:30	11	10:30	142.40	12:17:17	5:10	3	1:00:14	3	1:00:14
VP25 - Eas Side	6.33	43:24	6:51	12	14:40	12	14:40	148.73	13:00:41	5:14	4	1:04:51	4	1:04:51
VP26 - Checkpoir	4.22	31:10	7:23	13	12:25	13	12:25	152.95	13:31:51	5:18	4	1:17:16	4	1:17:16
VP27 - Gedenkst.	4.12	37:50	9:10	14	13:14	14	13:14	157.07	14:09:41	5:24	4	1:30:27	4	1:30:27
Friedrich-Ludwig	4.78	39:19	8:13	15	13:41	15	13:41	161.85	14:49:00	5:29	4	1:43:50	4	1:43:50