



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Kaiser, Gunnar

☐☐: ohne

☐☐: 261

☐☐: 161.85 km
100MeilenBerlin

☐☐☐☐:
Senioren M55 (55-59 Jahre)

☐☐☐☐☐/☐☐☐☐: DNF (of 296)

☐☐☐☐☐/☐: DNF (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐: DNF(of 32)

☐☐☐☐☐☐☐: 16:59:31

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	48:18	6:58	22	13:05	188	6.93	48:18	6:58	22	13:05	188	16:02
VP2 - Laufftreff Li	5.70	38:45	6:47	17	8:34	155	12.63	1:27:03	6:53	19	21:39	172	28:51
VP3 - Oranienbur	5.47	39:50	7:16	24	11:09	196	18.10	2:06:53	7:00	19	32:48	177	44:54
VP4 - Naturschut	4.97	44:27	8:56	29	16:03	218	23.07	2:51:20	7:25	25	48:51	197	1:06:12
VP5 - Frohnau	6.80	55:36	8:10	28	19:09	220	29.87	3:46:56	7:35	27	1:08:00	208	1:31:24
VP6 - Ruderclub	4.06	43:56	10:49	26	20:34	220	33.93	4:30:52	7:58	24	1:28:34	208	1:56:51
VP7 - Grenzturm	4.75	41:12	8:40	23	14:43	203	38.68	5:12:04	8:04	25	1:43:17	210	2:17:15
VP8 - Schönwald	7.53	1:12:18	9:36	23	29:36	215	46.21	6:24:22	8:19	24	2:12:53	209	2:53:57
VP9 - Falkenseer	5.69	58:10	10:13	25	24:26	211	51.90	7:22:32	8:31	24	2:37:19	210	3:24:59
VP10 - Karolinenl	6.60	1:12:06	10:55	23	33:52	214	58.50	8:34:38	8:47	22	3:11:11	208	4:06:56
VP11 - Pagel & Fi	4.90	56:54	11:36	23	24:28	209	63.40	9:31:32	9:00	24	3:35:21	210	4:41:05
VP12 - Schloss S	7.62	1:23:37	10:58	17	37:52	165	71.02	10:55:09	9:13	22	4:13:13	198	5:28:55
VP13 - Revierförs	6.21	1:05:10	10:29	22	23:40	196	77.23	12:00:19	9:19	22	4:36:53	201	6:04:25
VP14 - Brauhaus	6.00	1:06:00	11:00	25	26:48	196	83.23	13:06:19	9:26	21	5:03:41	200	6:40:53
VP15 - Gedenkst.	6.90	1:23:06	12:02	26	39:56	210	90.13	14:29:25	9:38	23	5:43:28	202	7:29:16
VP16 - Königswe	6.87	1:22:08	11:57	25	37:11	195	97.00	15:51:33	9:48	23	6:16:26	199	8:17:40
VP17 - Sportplatz	6.20	1:12:32	11:41	13	29:39	108	103.20	17:04:05	9:55	21	6:44:18	194	8:58:35
VP18 - Osdorfer !	6.49	fehlt!	-	-	-	-	109.69	-	-	-	-	-	-
VP19 - Lichtenra	5.71	fehlt!	-	-	-	-	115.40	-	-	-	-	-	-
VP20 - Kirchhain	4.35	fehlt!	-	-	-	-	119.75	-	-	-	-	-	-
VP21 - Buckow	6.15	fehlt!	-	-	-	-	125.90	-	-	-	-	-	-
VP22 - Rudow	4.97	fehlt!	-	-	-	-	130.87	-	-	-	-	-	-
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	136.76	-	-	-	-	-	-
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	142.40	-	-	-	-	-	-
VP25 - Eas Side (6.33	fehlt!	-	-	-	-	148.73	-	-	-	-	-	-
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	152.95	-	-	-	-	-	-
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	157.07	-	-	-	-	-	-
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	161.85	-	-	-	-	-	-