



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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Rolle, Patricia

☐☐☐: 15:57:39

☐☐: LG Nord Berlin Ultrateam

☐☐: 10.09 km/h

☐☐: 90

☐☐☐☐: 5:55 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 4 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 1 (of 49)

☐☐☐☐☐☐: 15:57:39

☐☐☐☐:

☐☐☐☐☐: 1(of 12)

Seniorinnen W45 (45-49 Jahre)

☐☐☐☐☐☐☐: 15:57:39

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐		
VP1 - S-Bahnhof	6.93	38:09	5:30	1	-	1	-	6.93	38:09	5:30	1	-	1	-
VP2 - Laufftreff Li	5.70	32:37	5:43	1	-	2	0:33	12.63	1:10:46	5:36	1	-	2	0:11
VP3 - Oranienbur	5.47	29:17	5:21	1	-	1	-	18.10	1:40:03	5:31	1	-	1	-
VP4 - Naturschut	4.97	28:08	5:39	1	-	1	-	23.07	2:08:11	5:33	1	-	1	-
VP5 - Frohnau	6.80	36:43	5:23	1	-	1	-	29.87	2:44:54	5:31	1	-	1	-
VP6 - Ruderclub	4.06	22:00	5:25	1	-	1	-	33.93	3:06:54	5:30	1	-	1	-
VP7 - Grenzturm	4.75	25:39	5:23	1	-	1	-	38.68	3:32:33	5:29	1	-	1	-
VP8 - Schönwald	7.53	41:36	5:31	1	-	1	-	46.21	4:14:09	5:29	1	-	1	-
VP9 - Falkenseer	5.69	31:57	5:36	1	-	1	-	51.90	4:46:06	5:30	1	-	1	-
VP10 - Karolinenl	6.60	37:15	5:38	1	-	1	-	58.50	5:23:21	5:31	1	-	1	-
VP11 - Pagel & Fi	4.90	27:48	5:40	1	-	1	-	63.40	5:51:09	5:32	1	-	1	-
VP12 - Schloss S	7.62	43:46	5:44	1	-	1	-	71.02	6:34:55	5:33	1	-	1	-
VP13 - Revierförs	6.21	36:43	5:54	1	-	1	-	77.23	7:11:38	5:35	1	-	1	-
VP14 - Brauhaus	6.00	37:20	6:13	1	-	1	-	83.23	7:48:58	5:38	1	-	1	-
VP15 - Gedenkst.	6.90	38:35	5:35	1	-	1	-	90.13	8:27:33	5:37	1	-	1	-
VP16 - Königswe	6.87	41:35	6:03	1	-	1	-	97.00	9:09:08	5:39	1	-	1	-
VP17 - Sportplatz	6.20	34:59	5:38	1	-	1	-	103.20	9:44:07	5:39	1	-	1	-
VP18 - Osdorfer	6.49	46:57	7:14	1	-	5	7:29	109.69	10:31:04	5:45	1	-	1	-
VP19 - Lichtenra	5.71	36:05	6:19	1	-	1	-	115.40	11:07:09	5:46	1	-	1	-
VP20 - Kirchhain	4.35	26:53	6:10	1	-	1	-	119.75	11:34:02	5:47	1	-	1	-
VP21 - Buckow	6.15	36:36	5:57	1	-	1	-	125.90	12:10:38	5:48	1	-	1	-
VP22 - Rudow	4.97	32:09	6:28	1	-	1	-	130.87	12:42:47	5:49	1	-	1	-
VP23 - Johannistl	5.89	37:31	6:22	1	-	1	-	136.76	13:20:18	5:51	1	-	1	-
VP24 - Dammwe	5.64	35:36	6:18	1	-	1	-	142.40	13:55:54	5:52	1	-	1	-
VP25 - Eas Side	6.33	40:06	6:20	1	-	1	-	148.73	14:36:00	5:53	1	-	1	-
VP26 - Checkpoir	4.22	26:09	6:11	1	-	1	-	152.95	15:02:09	5:53	1	-	1	-
VP27 - Gedenkst.	4.12	27:32	6:40	1	-	1	-	157.07	15:29:41	5:55	1	-	1	-
Friedrich-Ludwig	4.78	27:58	5:51	1	-	1	-	161.85	15:57:39	5:55	1	-	1	-