



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Bicher, Stefan

☐☐☐: 26:48:14

☐☐: Team Hanka

☐☐: 6.01 km/h

☐☐: 8

☐☐☐☐: 9:56 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 148 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 130 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 9(of 12)

Senioren M30 (30-34 Jahre)

☐☐☐☐☐☐☐: 18:26:45

☐☐☐☐

☐☐☐☐

☐☐☐

☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	47:00	6:46	10	14:24	169	14:44	6.93	47:00	6:46	10	14:24	169	14:44
VP2 - Laufftreff Li	5.70	41:23	7:15	10	14:13	197	15:27	12.63	1:28:23	6:59	10	28:37	180	30:11
VP3 - Oranienbur	5.47	39:34	7:14	10	13:36	192	15:48	18.10	2:07:57	7:04	10	42:13	185	45:58
VP4 - Naturschut	4.97	45:00	9:03	12	20:22	223	21:51	23.07	2:52:57	7:29	10	1:02:35	203	1:07:49
VP5 - Frohnau	6.80	48:02	7:03	10	13:01	151	17:44	29.87	3:40:59	7:23	10	1:15:22	191	1:25:27
VP6 - Ruderclub	4.06	36:33	9:00	10	14:17	171	18:04	33.93	4:17:32	7:35	10	1:29:39	189	1:43:31
VP7 - Grenzturm	4.75	36:01	7:34	8	11:16	157	15:13	38.68	4:53:33	7:35	10	1:34:47	178	1:58:44
VP8 - Schönwald	7.53	1:04:59	8:37	11	24:34	184	29:23	46.21	5:58:32	7:45	10	1:57:09	181	2:28:07
VP9 - Falkenseer	5.69	48:22	8:30	7	15:35	139	21:14	51.90	6:46:54	7:50	10	2:12:44	171	2:49:21
VP10 - Karolinenl	6.60	59:42	9:02	9	21:14	147	29:33	58.50	7:46:36	7:58	10	2:33:58	165	3:18:54
VP11 - Pagel & Fi	4.90	46:11	9:25	8	16:28	120	23:26	63.40	8:32:47	8:05	10	2:50:26	159	3:42:20
VP12 - Schloss S	7.62	1:26:43	11:22	10	33:35	177	50:56	71.02	9:59:30	8:26	11	3:24:01	159	4:33:16
VP13 - Revierförs	6.21	56:19	9:04	10	14:51	134	26:39	77.23	10:55:49	8:29	11	3:38:52	160	4:59:55
VP14 - Brauhaus	6.00	50:42	8:27	6	8:17	82	21:10	83.23	11:46:31	8:29	11	3:47:09	152	5:21:05
VP15 - Gedenkst.	6.90	1:42:04	14:47	11	56:16	217	1:07:21	90.13	13:28:35	8:58	11	4:43:25	167	6:28:26
VP16 - Königswe	6.87	1:00:07	8:45	6	12:16	66	26:23	97.00	14:28:42	8:57	11	4:51:06	159	6:54:49
VP17 - Sportplatz	6.20	1:26:31	13:57	9	43:13	168	54:54	103.20	15:55:13	9:15	11	5:34:19	160	7:49:43
VP18 - Osdorfer	6.49	1:09:42	10:44	9	28:41	149	35:45	109.69	17:04:55	9:20	10	5:58:51	155	8:25:28
VP19 - Lichtenra	5.71	56:37	9:54	9	21:30	120	27:18	115.40	18:01:32	9:22	10	6:08:35	154	8:52:46
VP20 - Kirchhain	4.35	1:03:32	14:36	10	33:16	181	39:14	119.75	19:05:04	9:33	10	6:40:34	153	9:32:00
VP21 - Buckow	6.15	1:17:00	12:31	9	34:21	163	42:00	125.90	20:22:04	9:42	10	7:12:58	154	10:14:00
VP22 - Rudow	4.97	49:57	10:03	4	14:34	69	28:34	130.87	21:12:01	9:43	10	7:20:40	146	10:35:18
VP23 - Johannistl	5.89	1:22:33	14:00	10	35:45	173	48:52	136.76	22:34:34	9:54	10	7:47:57	145	11:24:10
VP24 - Dammwe	5.64	57:13	10:08	7	13:05	77	25:32	142.40	23:31:47	9:54	9	7:59:09	141	11:49:21
VP25 - Eas Side	6.33	1:15:08	11:52	8	21:08	120	37:48	148.73	24:46:55	9:59	9	8:20:17	138	12:24:25
VP26 - Checkpoir	4.22	38:35	9:08	6	5:13	49	15:42	152.95	25:25:30	9:58	9	8:18:29	132	12:38:56
VP27 - Gedenkst.	4.12	41:29	10:04	5	6:37	57	16:46	157.07	26:06:59	9:58	9	8:17:29	130	12:54:01
Friedrich-Ludwig	4.78	41:15	8:37	4	5:58	60	16:52	161.85	26:48:14	9:56	9	8:21:29	130	13:08:03