



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Vitali, Nora

☐☐: AASL Wiltz

☐☐: 154

☐☐: 161.85 km

100MeilenBerlin

☐☐☐☐:

Frauen (20-29 Jahre)

☐☐☐: 27:19:03

☐☐: 5.89 km/h

☐☐☐☐: 10:08 min/km

☐☐☐☐☐/☐☐☐☐: 158 (of 296)

☐☐☐☐☐/☐: 22 (of 49)

☐☐☐☐☐☐: 15:57:39

☐☐☐☐☐: 1(of 2)

☐☐☐☐☐☐☐: 27:19:03

☐☐☐☐

☐☐☐☐

☐☐☐

☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	49:12	7:05	1	-	33	11:03	6.93	49:12	7:05	1	-	33	11:03
VP2 - Laufftreff Li	5.70	42:12	7:24	2	0:30	35	10:08	12.63	1:31:24	7:14	1	-	33	20:49
VP3 - Oranienbur	5.47	45:05	8:14	2	5:59	43	15:48	18.10	2:16:29	7:32	2	2:50	38	36:26
VP4 - Naturschut	4.97	44:08	8:52	2	2:40	38	16:00	23.07	3:00:37	7:49	2	5:30	36	52:26
VP5 - Frohnau	6.80	56:25	8:17	2	1:09	40	19:42	29.87	3:57:02	7:56	2	6:39	38	1:12:08
VP6 - Ruderclub	4.06	37:55	9:20	1	-	32	15:55	33.93	4:34:57	8:06	2	2:09	36	1:28:03
VP7 - Grenzturm	4.75	43:03	9:03	1	-	35	17:24	38.68	5:18:00	8:13	2	1:03	37	1:45:27
VP8 - Schönwald	7.53	1:08:53	9:08	1	-	33	27:17	46.21	6:26:53	8:22	1	-	36	2:12:44
VP9 - Falkenseer	5.69	56:04	9:51	1	-	34	24:07	51.90	7:22:57	8:32	1	-	36	2:36:51
VP10 - Karolinenl	6.60	1:06:02	10:00	1	-	32	28:47	58.50	8:28:59	8:42	1	-	34	3:05:38
VP11 - Pagel & Fi	4.90	53:34	10:55	2	2:21	37	25:46	63.40	9:22:33	8:52	1	-	34	3:31:24
VP12 - Schloss S	7.62	1:19:18	10:24	1	-	23	35:32	71.02	10:41:51	9:02	1	-	32	4:06:56
VP13 - Revierförs	6.21	1:00:53	9:48	1	-	30	24:10	77.23	11:42:44	9:05	1	-	32	4:31:06
VP14 - Brauhaus	6.00	57:46	9:37	1	-	21	20:26	83.23	12:40:30	9:08	1	-	30	4:51:32
VP15 - Gedenkst.	6.90	1:19:05	11:27	2	8:35	31	40:30	90.13	13:59:35	9:18	1	-	31	5:32:02
VP16 - Königswe	6.87	1:15:22	10:58	1	-	26	33:47	97.00	15:14:57	9:25	1	-	29	6:05:49
VP17 - Sportplatz	6.20	56:14	9:04	1	-	5	21:15	103.20	16:11:11	9:24	1	-	28	6:27:04
VP18 - Osdorfer	6.49	1:18:22	12:04	1	-	31	38:54	109.69	17:29:33	9:34	1	-	28	6:58:29
VP19 - Lichtenrav	5.71	1:01:01	10:41	1	-	23	24:56	115.40	18:30:34	9:37	1	-	28	7:23:25
VP20 - Kirchhain	4.35	49:36	11:24	1	-	14	22:43	119.75	19:20:10	9:41	1	-	25	7:46:08
VP21 - Buckow	6.15	58:46	9:33	1	-	13	22:10	125.90	20:18:56	9:40	1	-	26	8:08:18
VP22 - Rudow	4.97	59:07	11:53	1	-	21	26:58	130.87	21:18:03	9:45	1	-	24	8:35:16
VP23 - Johannistl	5.89	1:14:26	12:38	1	-	25	36:55	136.76	22:32:29	9:53	1	-	22	9:12:11
VP24 - Dammwe	5.64	1:10:23	12:28	1	-	28	34:47	142.40	23:42:52	9:59	1	-	22	9:46:58
VP25 - Eas Side	6.33	1:20:54	12:46	1	-	28	40:48	148.73	25:03:46	10:06	1	-	21	10:27:46
VP26 - Checkpoir	4.22	46:13	10:57	1	-	23	20:04	152.95	25:49:59	10:08	1	-	21	10:47:50
VP27 - Gedenkst.	4.12	46:32	11:17	1	-	13	19:00	157.07	26:36:31	10:09	1	-	22	11:06:50
Friedrich-Ludwig	4.78	42:32	8:53	1	-	12	14:34	161.85	27:19:03	10:07	1	-	22	11:21:24