



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Fedler, Tom

☐☐: LG Nord Ultrateam
☐☐: 45

☐☐: 161.85 km
100MeilenBerlin

☐☐☐☐:
Senioren M50 (50-54 Jahre)

☐☐☐: 27:38:51

☐☐: 5.82 km/h
☐☐☐☐: 10:15 min/km

☐☐☐☐☐/☐☐☐☐: 164 (of 296)

☐☐☐☐☐/☐: 141 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐☐: 29(of 51)

☐☐☐☐☐☐☐: 18:03:51

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	50:12	7:14	49	16:54	217	17:56	6.93	50:12	7:14	49	16:54	217	17:56
VP2 - Laufftreff Li	5.70	42:04	7:22	46	14:25	213	16:08	12.63	1:32:16	7:18	46	31:19	211	34:04
VP3 - Oranienbur	5.47	41:04	7:30	43	14:52	208	17:18	18.10	2:13:20	7:21	45	46:04	212	51:21
VP4 - Naturschut	4.97	43:09	8:40	42	18:18	206	20:00	23.07	2:56:29	7:38	44	1:04:22	209	1:11:21
VP5 - Frohnau	6.80	54:45	8:03	47	22:01	216	24:27	29.87	3:51:14	7:44	46	1:26:23	214	1:35:42
VP6 - Ruderclub	4.06	40:12	9:54	44	18:43	203	21:43	33.93	4:31:26	7:59	47	1:45:06	211	1:57:25
VP7 - Grenzturm	4.75	39:21	8:17	43	13:58	194	18:33	38.68	5:10:47	8:02	45	1:59:04	206	2:15:58
VP8 - Schönwald	7.53	1:04:32	8:34	42	22:05	179	28:56	46.21	6:15:19	8:07	45	2:21:09	204	2:44:54
VP9 - Falkenseer	5.69	52:09	9:09	37	18:19	174	25:01	51.90	7:07:28	8:14	44	2:39:28	197	3:09:55
VP10 - Karolinenl	6.60	1:07:53	10:17	45	27:41	201	37:44	58.50	8:15:21	8:28	45	3:06:52	194	3:47:39
VP11 - Pagel & Fi	4.90	54:39	11:09	39	24:32	196	31:54	63.40	9:10:00	8:40	41	3:29:40	193	4:19:33
VP12 - Schloss S	7.62	1:21:03	10:38	28	32:50	155	45:16	71.02	10:31:03	8:53	38	4:02:30	185	5:04:49
VP13 - Revierförs	6.21	59:02	9:30	33	18:13	162	29:22	77.23	11:30:05	8:56	37	4:20:33	183	5:34:11
VP14 - Brauhaus	6.00	1:01:42	10:16	35	19:31	171	32:10	83.23	12:31:47	9:01	37	4:39:39	179	6:06:21
VP15 - Gedenkst.	6.90	1:13:00	10:34	36	27:52	169	38:17	90.13	13:44:47	9:09	37	5:02:52	176	6:44:38
VP16 - Königswe	6.87	1:23:38	12:10	41	34:56	199	49:54	97.00	15:08:25	9:21	36	5:37:48	176	7:34:32
VP17 - Sportplatz	6.20	1:21:30	13:08	32	36:41	149	49:53	103.20	16:29:55	9:35	35	6:13:44	172	8:24:25
VP18 - Osdorfer	6.49	1:09:26	10:41	30	23:05	146	35:29	109.69	17:39:21	9:39	35	6:34:48	164	8:59:54
VP19 - Lichtenra	5.71	1:05:36	11:29	38	25:38	169	36:17	115.40	18:44:57	9:44	35	6:57:22	164	9:36:11
VP20 - Kirchhain	4.35	53:13	12:14	28	21:56	140	28:55	119.75	19:38:10	9:50	33	7:14:55	162	10:05:06
VP21 - Buckow	6.15	1:10:05	11:23	25	26:47	133	35:05	125.90	20:48:15	9:54	32	7:39:04	161	10:40:11
VP22 - Rudow	4.97	56:06	11:17	28	18:45	119	34:43	130.87	21:44:21	9:58	31	7:53:14	154	11:07:38
VP23 - Johannistl	5.89	1:14:03	12:34	34	28:21	150	40:22	136.76	22:58:24	10:04	31	8:19:51	152	11:48:00
VP24 - Dammwe	5.64	1:12:19	12:49	33	31:48	155	40:38	142.40	24:10:43	10:11	32	8:41:45	152	12:28:17
VP25 - Eas Side	6.33	1:23:00	13:06	34	35:04	156	45:40	148.73	25:33:43	10:18	31	9:10:57	153	13:11:13
VP26 - Checkpoir	4.22	38:12	9:03	12	8:32	43	15:19	152.95	26:11:55	10:16	30	9:17:08	147	13:25:21
VP27 - Gedenkst.	4.12	40:38	9:51	15	9:31	51	15:55	157.07	26:52:33	10:15	29	9:23:02	143	13:39:35
Friedrich-Ludwig	4.78	46:18	9:41	21	18:20	92	21:55	161.85	27:38:51	10:14	29	9:35:00	141	13:58:40