



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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## Schneider, Swen

☐☐☐: 28:09:06

☐☐: Team Erdinger Alkoholfrei

☐☐: 5.72 km/h

☐☐: 72

☐☐☐☐: 10:26 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 176 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 152 (of 247)

☐☐☐☐:

☐☐☐☐☐: 24(of 38)

Senioren M40 (40-44 Jahre)

☐☐☐☐☐☐☐: 15:35:03

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	45:41	6:35	24	13:02	136	13:25	6.93	45:41	6:35	24	13:02	136	13:25
VP2 - Laufftreff Li	5.70	36:48	6:27	23	9:17	109	10:52	12.63	1:22:29	6:31	23	22:19	125	24:17
VP3 - Oranienbur	5.47	35:26	6:28	21	10:28	111	11:40	18.10	1:57:55	6:30	23	32:47	122	35:56
VP4 - Naturschut	4.97	36:42	7:23	26	11:04	137	13:33	23.07	2:34:37	6:42	23	43:51	120	49:29
VP5 - Frohnau	6.80	45:33	6:41	20	13:35	108	15:15	29.87	3:20:10	6:42	22	57:26	116	1:04:38
VP6 - Ruderclub	4.06	30:18	7:27	20	10:39	95	11:49	33.93	3:50:28	6:47	22	1:08:05	112	1:16:27
VP7 - Grenzturm	4.75	35:40	7:30	28	13:02	152	14:52	38.68	4:26:08	6:52	22	1:21:07	113	1:31:19
VP8 - Schönwald	7.53	1:00:15	8:00	24	22:30	138	24:39	46.21	5:26:23	7:03	23	1:43:37	124	1:55:58
VP9 - Falkenseer	5.69	48:49	8:34	26	18:40	143	21:41	51.90	6:15:12	7:13	24	2:02:17	128	2:17:39
VP10 - Karolinenl	6.60	1:02:58	9:32	29	28:26	174	32:49	58.50	7:18:10	7:29	26	2:30:43	130	2:50:28
VP11 - Pagel & Fi	4.90	47:39	9:43	24	20:26	137	24:54	63.40	8:05:49	7:39	24	2:51:09	128	3:15:22
VP12 - Schloss S	7.62	1:10:27	9:14	18	26:40	104	34:40	71.02	9:16:16	7:49	24	3:17:49	122	3:50:02
VP13 - Revierförs	6.21	59:46	9:37	27	22:28	171	30:06	77.23	10:16:02	7:58	25	3:40:17	122	4:20:08
VP14 - Brauhaus	6.00	1:05:01	10:50	31	27:39	188	35:29	83.23	11:21:03	8:10	27	4:07:56	133	4:55:37
VP15 - Gedenkst.	6.90	1:14:04	10:44	31	34:10	177	39:21	90.13	12:35:07	8:22	27	4:42:06	134	5:34:58
VP16 - Königswe	6.87	1:14:37	10:51	27	33:48	166	40:53	97.00	13:49:44	8:33	25	5:15:54	138	6:15:51
VP17 - Sportplatz	6.20	1:40:07	16:08	30	1:00:55	195	1:08:30	103.20	15:29:51	9:00	27	6:16:49	150	7:24:21
VP18 - Osdorfer	6.49	1:06:42	10:16	20	25:40	128	32:45	109.69	16:36:33	9:05	27	6:42:29	147	7:57:06
VP19 - Lichtenra	5.71	1:05:05	11:23	25	29:59	164	35:46	115.40	17:41:38	9:11	26	7:11:35	148	8:32:52
VP20 - Kirchhain	4.35	1:04:43	14:52	30	37:03	184	40:25	119.75	18:46:21	9:24	26	7:45:50	149	9:13:17
VP21 - Buckow	6.15	1:12:47	11:50	25	34:28	150	37:47	125.90	19:59:08	9:31	27	8:18:20	149	9:51:04
VP22 - Rudow	4.97	1:27:52	17:40	29	57:23	184	1:06:29	130.87	21:27:00	9:50	24	9:13:40	147	10:50:17
VP23 - Johannistl	5.89	1:16:49	13:02	24	39:30	157	43:08	136.76	22:43:49	9:58	24	9:52:01	147	11:33:25
VP24 - Dammwe	5.64	1:01:35	10:55	18	25:39	103	29:54	142.40	23:45:24	10:00	23	10:15:47	143	12:02:58
VP25 - Eas Side	6.33	1:24:07	13:17	24	41:43	160	46:47	148.73	25:09:31	10:08	23	10:56:44	142	12:47:01
VP26 - Checkpoir	4.22	53:13	12:36	23	28:11	161	30:20	152.95	26:02:44	10:13	23	11:21:45	144	13:16:10
VP27 - Gedenkst.	4.12	1:01:19	14:52	24	35:27	165	36:36	157.07	27:04:03	10:20	23	11:57:12	146	13:51:05
Friedrich-Ludwig	4.78	1:05:03	13:36	28	36:51	177	40:40	161.85	28:09:06	10:26	24	12:34:03	152	14:28:55