



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Ottersbach, Martin

☐☐☐: 29:19:07

☐☐: ottiläuft

☐☐: 5.49 km/h

☐☐: 189

☐☐☐☐: 10:52 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 203 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 173 (of 247)

☐☐☐☐☐☐: 13:40:11

☐☐☐☐:

☐☐☐☐☐: 36(of 51)

Senioren M50 (50-54 Jahre)

☐☐☐☐☐☐☐: 18:03:51

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	49:10	7:05	45	15:52	199	16:54	6.93	49:10	7:05	45	15:52	199	16:54
VP2 - Laufftreff Li	5.70	46:23	8:08	51	18:44	235	20:27	12.63	1:35:33	7:33	51	34:36	231	37:21
VP3 - Oranienbur	5.47	45:58	8:24	51	19:46	235	22:12	18.10	2:21:31	7:49	51	54:15	231	59:32
VP4 - Naturschut	4.97	45:06	9:04	47	20:15	224	21:57	23.07	3:06:37	8:05	51	1:14:30	233	1:21:29
VP5 - Frohnau	6.80	1:01:09	8:59	51	28:25	235	30:51	29.87	4:07:46	8:17	51	1:42:55	233	1:52:14
VP6 - Ruderclub	4.06	42:34	10:29	48	21:05	212	24:05	33.93	4:50:20	8:33	51	2:04:00	233	2:16:19
VP7 - Grenzturm	4.75	45:34	9:35	49	20:11	224	24:46	38.68	5:35:54	8:41	51	2:24:11	231	2:41:05
VP8 - Schönwald	7.53	1:16:41	10:11	49	34:14	225	41:05	46.21	6:52:35	8:55	51	2:58:25	231	3:22:10
VP9 - Falkenseer	5.69	57:41	10:08	47	23:51	208	30:33	51.90	7:50:16	9:03	50	3:22:16	228	3:52:43
VP10 - Karolinenl	6.60	1:05:50	9:58	41	25:38	188	35:41	58.50	8:56:06	9:09	50	3:47:37	224	4:28:24
VP11 - Pagel & Fi	4.90	48:58	9:59	31	18:51	150	26:13	63.40	9:45:04	9:13	46	4:04:44	219	4:54:37
VP12 - Schloss S	7.62	1:28:19	11:35	37	40:06	182	52:32	71.02	11:13:23	9:28	45	4:44:50	214	5:47:09
VP13 - Revierförs	6.21	1:12:55	11:44	44	32:06	216	43:15	77.23	12:26:18	9:39	45	5:16:46	214	6:30:24
VP14 - Brauhaus	6.00	1:05:13	10:52	41	23:02	189	35:41	83.23	13:31:31	9:45	45	5:39:23	213	7:06:05
VP15 - Gedenkst.	6.90	1:20:38	11:41	43	35:30	202	45:55	90.13	14:52:09	9:53	45	6:10:14	210	7:52:00
VP16 - Königswe	6.87	1:15:22	10:58	33	26:40	171	41:38	97.00	16:07:31	9:58	44	6:36:54	205	8:33:38
VP17 - Sportplatz	6.20	58:56	9:30	13	14:07	63	27:19	103.20	17:06:27	9:56	42	6:50:16	196	9:00:57
VP18 - Osdorfer	6.49	2:24:10	22:12	43	1:37:49	203	1:50:13	109.69	19:30:37	10:40	43	8:26:04	197	10:51:10
VP19 - Lichtenrav	5.71	1:02:19	10:54	30	22:21	142	33:00	115.40	20:32:56	10:41	43	8:45:21	194	11:24:10
VP20 - Kirchhain	4.35	52:30	12:04	25	21:13	132	28:12	119.75	21:25:26	10:44	41	9:02:11	189	11:52:22
VP21 - Buckow	6.15	1:17:56	12:40	37	34:38	167	42:56	125.90	22:43:22	10:49	41	9:34:11	192	12:35:18
VP22 - Rudow	4.97	53:11	10:42	23	15:50	95	31:48	130.87	23:36:33	10:49	39	9:45:26	182	12:59:50
VP23 - Johannistl	5.89	1:03:26	10:46	27	17:44	105	29:45	136.76	24:39:59	10:49	38	10:01:26	179	13:29:35
VP24 - Dammwe	5.64	1:06:24	11:46	30	25:53	130	34:43	142.40	25:46:23	10:51	38	10:17:25	176	14:03:57
VP25 - Eas Side	6.33	1:13:46	11:39	24	25:50	114	36:26	148.73	27:00:09	10:53	37	10:37:23	175	14:37:39
VP26 - Checkpoir	4.22	48:28	11:29	29	18:48	134	25:35	152.95	27:48:37	10:54	37	10:53:50	176	15:02:03
VP27 - Gedenkst.	4.12	48:45	11:49	24	17:38	106	24:02	157.07	28:37:22	10:56	36	11:07:51	174	15:24:24
Friedrich-Ludwig	4.78	41:45	8:44	17	13:47	63	17:22	161.85	29:19:07	10:52	36	11:15:16	173	15:38:56