



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Beer, Oliver

☐☐☐: 29:24:02

☐☐: Team Erdinger Alkoholfrei

☐☐: 5.48 km/h

☐☐: 281

☐☐☐☐: 10:54 min/km

☐☐: 161.85 km

☐☐☐☐☐/☐☐☐☐: 204 (of 296)

100MeilenBerlin

☐☐☐☐☐/☐: 174 (of 247)

☐☐☐☐:

☐☐☐☐☐: 28(of 38)

Senioren M40 (40-44 Jahre)

☐☐☐☐☐☐☐: 15:35:03

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐
VP1 - S-Bahnhof	6.93	45:12	6:31	23	12:33	129	12:56	6.93	45:12	6:31	23	12:33	129	12:56
VP2 - Lauftreff Li	5.70	37:44	6:37	24	10:13	135	11:48	12.63	1:22:56	6:33	24	22:46	132	24:44
VP3 - Oranienbur	5.47	37:38	6:52	29	12:40	159	13:52	18.10	2:00:34	6:39	24	35:26	139	38:35
VP4 - Naturschut	4.97	35:41	7:10	21	10:03	109	12:32	23.07	2:36:15	6:46	24	45:29	134	51:07
VP5 - Frohnau	6.80	48:06	7:04	28	16:08	152	17:48	29.87	3:24:21	6:50	25	1:01:37	139	1:08:49
VP6 - Ruderclub	4.06	31:09	7:40	22	11:30	104	12:40	33.93	3:55:30	6:56	24	1:13:07	128	1:21:29
VP7 - Grenzturm	4.75	36:07	7:36	31	13:29	161	15:19	38.68	4:31:37	7:01	26	1:26:36	136	1:36:48
VP8 - Schönwald	7.53	1:04:03	8:30	27	26:18	170	28:27	46.21	5:35:40	7:15	27	1:52:54	141	2:05:15
VP9 - Falkenseer	5.69	53:20	9:22	30	23:11	181	26:12	51.90	6:29:00	7:29	28	2:16:05	148	2:31:27
VP10 - Karolinenl	6.60	1:03:57	9:41	31	29:25	179	33:48	58.50	7:32:57	7:44	30	2:45:30	152	3:05:15
VP11 - Pagel & Fi	4.90	56:00	11:25	34	28:47	199	33:15	63.40	8:28:57	8:01	29	3:14:17	152	3:38:30
VP12 - Schloss S	7.62	1:19:38	10:27	28	35:51	153	43:51	71.02	9:48:35	8:17	28	3:50:08	150	4:22:21
VP13 - Revierförs	6.21	1:01:40	9:55	30	24:22	178	32:00	77.23	10:50:15	8:25	28	4:14:30	152	4:54:21
VP14 - Brauhaus	6.00	1:01:03	10:10	30	23:41	166	31:31	83.23	11:51:18	8:32	30	4:38:11	157	5:25:52
VP15 - Gedenkst.	6.90	1:13:37	10:40	30	33:43	174	38:54	90.13	13:04:55	8:42	30	5:11:54	156	6:04:46
VP16 - Königswe	6.87	1:18:12	11:22	31	37:23	182	44:28	97.00	14:23:07	8:53	30	5:49:17	158	6:49:14
VP17 - Sportplatz	6.20	1:19:44	12:51	23	40:32	144	48:07	103.20	15:42:51	9:08	29	6:29:49	157	7:37:21
VP18 - Osdorfer	6.49	1:26:22	13:18	32	45:20	189	52:25	109.69	17:09:13	9:22	29	7:15:09	157	8:29:46
VP19 - Lichtenra	5.71	1:18:59	13:49	29	43:53	190	49:40	115.40	18:28:12	9:36	29	7:58:09	161	9:19:26
VP20 - Kirchhain	4.35	1:02:54	14:27	29	35:14	178	38:36	119.75	19:31:06	9:46	29	8:30:35	159	9:58:02
VP21 - Buckow	6.15	1:37:01	15:46	30	58:42	188	1:02:01	125.90	21:08:07	10:04	30	9:27:19	166	11:00:03
VP22 - Rudow	4.97	1:09:59	14:04	26	39:30	175	48:36	130.87	22:18:06	10:13	28	10:04:46	162	11:41:23
VP23 - Johannistl	5.89	1:20:52	13:43	27	43:33	169	47:11	136.76	23:38:58	10:22	29	10:47:10	168	12:28:34
VP24 - Dammwe	5.64	1:15:35	13:24	29	39:39	165	43:54	142.40	24:54:33	10:29	28	11:24:56	168	13:12:07
VP25 - Eas Side	6.33	1:27:20	13:47	26	44:56	167	50:00	148.73	26:21:53	10:38	28	12:09:06	168	13:59:23
VP26 - Checkpoir	4.22	56:33	13:24	26	31:31	170	33:40	152.95	27:18:26	10:42	28	12:37:27	170	14:31:52
VP27 - Gedenkst.	4.12	1:02:41	15:12	25	36:49	169	37:58	157.07	28:21:07	10:49	28	13:14:16	171	15:08:09
Friedrich-Ludwig	4.78	1:02:55	13:09	25	34:43	172	38:32	161.85	29:24:02	10:53	28	13:48:59	174	15:43:51