



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

☐☐☐☐

Dinges, Ursula

☐☐: VSV Frankfurt am Main

☐☐: 320

☐☐: 161.85 km
100MeilenBerlin

☐☐☐☐:
Seniorinnen W75 (75 und älter)

☐☐☐☐☐/☐☐☐☐: DNF (of 296)

☐☐☐☐☐/☐☐: DNF (of 49)

☐☐☐☐☐☐☐: 15:57:39

☐☐☐☐☐☐: DNF(of 2)

☐☐☐☐☐☐☐☐: 28:10:49

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐	☐☐ ☐	☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐	☐☐☐ ☐	
VP1 - S-Bahnhof	6.93	52:38	7:35	1	-	42	14:29	6.93	52:38	7:35	1	-	42	14:29
VP2 - Lauftreff Li	5.70	45:34	7:59	1	-	45	13:30	12.63	1:38:12	7:46	1	-	43	27:37
VP3 - Oranienbur	5.47	47:11	8:37	2	3:09	46	17:54	18.10	2:25:23	8:01	2	2:02	46	45:20
VP4 - Naturschut	4.97	46:23	9:19	2	0:12	44	18:15	23.07	3:11:46	8:18	2	2:14	46	1:03:35
VP5 - Frohnau	6.80	59:59	8:49	2	5:04	45	23:16	29.87	4:11:45	8:25	2	7:18	46	1:26:51
VP6 - Ruderclub	4.06	52:15	12:52	2	11:26	47	30:15	33.93	5:04:00	8:57	2	18:44	46	1:57:06
VP7 - Grenzturm	4.75	45:27	9:34	2	0:48	44	19:48	38.68	5:49:27	9:02	2	19:32	46	2:16:54
VP8 - Schönwald	7.53	1:12:31	9:37	1	-	38	30:55	46.21	7:01:58	9:07	2	13:47	46	2:47:49
VP9 - Falkenseer	5.69	59:15	10:24	2	0:23	40	27:18	51.90	8:01:13	9:16	2	14:10	45	3:15:07
VP10 - Karolinenl	6.60	1:09:24	10:30	2	0:32	39	32:09	58.50	9:10:37	9:24	2	14:42	44	3:47:16
VP11 - Pagel & Fi	4.90	55:29	11:19	2	3:56	41	27:41	63.40	10:06:06	9:33	2	18:38	43	4:14:57
VP12 - Schloss S	7.62	1:27:50	11:31	2	7:30	39	44:04	71.02	11:33:56	9:46	2	26:08	42	4:59:01
VP13 - Revierförs	6.21	1:05:30	10:32	2	2:07	39	28:47	77.23	12:39:26	9:50	2	28:15	41	5:27:48
VP14 - Brauhaus	6.00	1:01:53	10:18	2	0:08	30	24:33	83.23	13:41:19	9:52	2	28:23	39	5:52:21
VP15 - Gedenkst.	6.90	1:26:35	12:32	2	17:59	39	48:00	90.13	15:07:54	10:04	2	46:22	39	6:40:21
VP16 - Königswe	6.87	1:58:52	17:18	2	42:36	39	1:17:17	97.00	17:06:46	10:35	2	1:28:58	38	7:57:38
VP17 - Sportplatz	6.20	1:15:20	12:09	1	-	19	40:21	103.20	18:22:06	10:40	2	1:24:29	37	8:37:59
VP18 - Osdorfer !	6.49	fehlt!	-	-	-	-	-	109.69	-	-	-	-	-	-
VP19 - Lichtenra	5.71	fehlt!	-	-	-	-	-	115.40	-	-	-	-	-	-
VP20 - Kirchhain	4.35	fehlt!	-	-	-	-	-	119.75	-	-	-	-	-	-
VP21 - Buckow	6.15	fehlt!	-	-	-	-	-	125.90	-	-	-	-	-	-
VP22 - Rudow	4.97	fehlt!	-	-	-	-	-	130.87	-	-	-	-	-	-
VP23 - Johannistl	5.89	fehlt!	-	-	-	-	-	136.76	-	-	-	-	-	-
VP24 - Dammwe	5.64	fehlt!	-	-	-	-	-	142.40	-	-	-	-	-	-
VP25 - Eas Side (6.33	fehlt!	-	-	-	-	-	148.73	-	-	-	-	-	-
VP26 - Checkpoir	4.22	fehlt!	-	-	-	-	-	152.95	-	-	-	-	-	-
VP27 - Gedenkst.	4.12	fehlt!	-	-	-	-	-	157.07	-	-	-	-	-	-
Friedrich-Ludwig	4.78	fehlt!	-	-	-	-	-	161.85	-	-	-	-	-	-